

April 7 and 8



School Tool Kit



**Saskatchewan
Health Authority**

SHA Donation Program
St. Paul's Hospital
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Dear school partners:

Last April, Canadians rallied together in support of the victims, survivors and families of the tragic Humboldt Broncos bus crash. Many students and teachers took part by putting out hockey sticks in front of their classrooms and wearing their jerseys to school. This year, the family of Logan Boulet is holding the first annual national Green Shirt Day in honour of their son and the Broncos family, and to increase awareness about the importance of organ donation. Green Shirt Day is on Sunday, April 7, the first anniversary of the day that Logan succumbed to his injuries. We are asking schools and workplaces to consider participating on Monday, April 8.

Before Logan Boulet was fatally injured in the Broncos bus crash, he had registered his decision to be an organ donor and discussed his wishes with his family. The 21-year old defenceman went on to save six lives with his generous gifts. In the weeks that followed, Logan's story inspired more than 100,000 Canadians to become registered organ donors. This became known as the "Logan Boulet Effect". Now, the Boulet family would like that legacy to continue through an annual Green Shirt Day (greenshirtday.ca, #GreenShirtDay).

We hope your schools will join us in this movement of hope and inspiration by wearing green on April 8. We have provided this Green Shirt Day toolkit with some important resources and information for elementary and secondary levels for educators.

If you have any additional questions, please contact the SHA Donation Program at SHA.DonationProgram@saskhealthauthority.ca or at 306-655-0593. We hope to see your schools in green on April 8!

Warmest Regards,

Betty Wolfe

Temporary Manager SHA Donation Program

Table of Contents

Background information	4
a. Why Green Shirt Day?	4
b. How can you participate in Green Shirt Day?	5
Logan Boulet’s story	6
Helpful resources	7
a. Announcement ideas.....	7
i. Elementary schools.....	7
ii. Secondary schools.....	7
b. Newsletter write-up.....	8
c. Share with us!	8
d. Frequently asked questions.....	9
e. Additional resources	10

Background Information

a. Why Green Shirt Day?

- Canadians were inspired to rally together in support of the Humboldt Broncos last year following the tragic bus crash and Logan Boulet's incredible gift of life.
- Logan Boulet, a 21-year old defenseman, was one of the Humboldt Broncos players who did not survive the crash. He had registered as an organ donor just weeks before the tragic crash and had spoken to his father about his wishes a year prior. Logan was able to save six people's lives.
- As news spread of Logan's selfless act, thousands across the country and world were inspired to also register as organ donors.
- More than 100,000 Canadians registered to become organ donors in the weeks following the tragedy.
- This became known as the "Logan Boulet Effect".
- To date, this is the largest number of Canadians registering as organ donors due to one event or person.
- Ninety per cent of Canadians are in support of organ donation.
- Starting this year on April 7, the first anniversary of the day Logan Boulet became an organ donor; the Boulet family is launching a national Green Shirt Day (GSD).
- GSD hopes to honour and remember all the victims and families involved in the Humboldt tragedy, as well as to continue Logan's legacy of inspiring Canadians to register as organ donors.
- GSD shows that there is always hope, even in the most tragic situations.
- GSD is an opportunity for Canadians to show their support to the Humboldt Broncos.
- The Broncos' team colours are green and gold. Green is the colour of organ donation awareness.
- Visit Greenshirtday.ca for more information.



b. How can you participate in Green Shirt Day?

- On Sunday, April 7 - and Monday, April 8 for workplaces and schools - everyone is encouraged to wear green in support of Green Shirt Day and the Humboldt Broncos victims, survivors and families.
- For students of all levels, the main message is one of inspiration and hope.
- Educators of higher grade level students can incorporate GSD and organ donation discussions in the classroom. Some examples of discussion questions include:
 - Discuss GSD with students and examine the impact of social media.
 - Discuss altruism in connection with Logan Boulet's gifts of life. What does altruism mean to you and how are you altruistic? What can you do to be more altruistic?
 - Would you want to be an organ donor? Has organ donation had an impact on your family?
 - How does the decision to become an organ donor affect those in our world and community?
- The BC Ministry of Education has developed a **Grade 8 lesson plan** on organ donor awareness that can easily be adapted to other grades and made specific to GSD. The updated lesson plan is **available for download here**: <http://www.transplant.bc.ca/our-services/awareness-programs/green-shirt-day-resources>.
- The original lesson plan is available here: <https://curriculum.gov.bc.ca/node/64320>.
- There are some additional resources available for download on the Green Shirt Day website: <https://greenshirtday.ca/be-inspired/>.

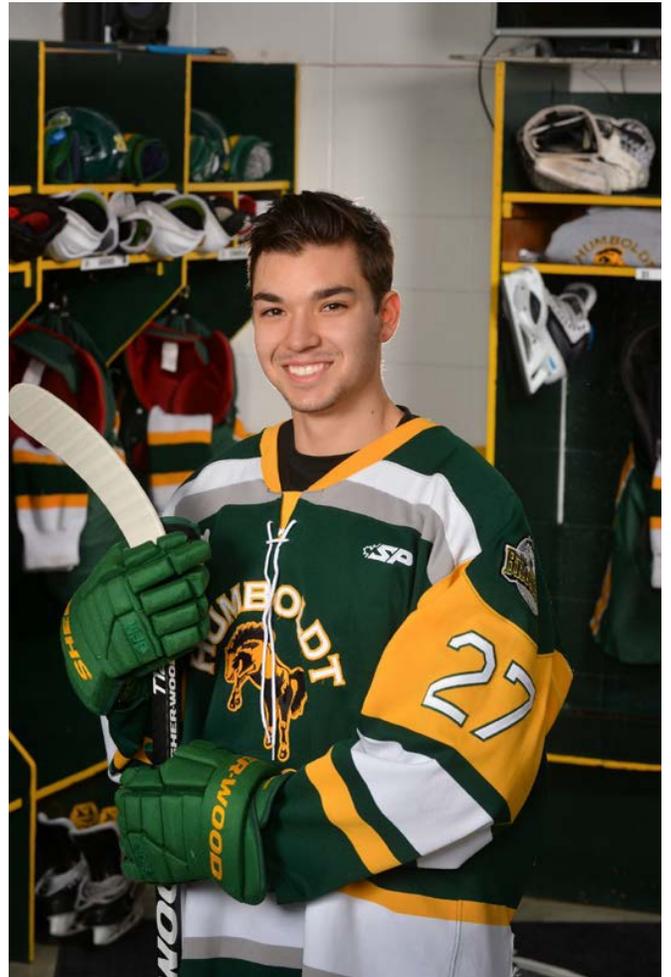
Logan Boulet's Story

Logan Boulet made the decision to be an organ donor just weeks before his passing in the tragic Humboldt Broncos bus crash in April 2018. Logan was inspired to register his decision to donate by his coach and mentor, Ric Suggit, who had died in 2017 and was an organ donor.

After Logan registered his decision, he took the wise and necessary step of sharing his decision with his family. The act of registering his choice and sharing that decision with his loved ones helped his family support his wish to donate his organs for transplant and research.

The details of this tragic event have reached a wide audience. "The Logan Boulet Effect" has inspired more than 100,000 Canadians to become registered organ donors. Logan's family continues to share their story, making an essential contribution to nationwide public awareness of organ and tissue donation.

Help us and the Boulet family spread the word about the importance of organ donation and honour Logan's legacy by participating in national Green Shirt Day on April 7 and April 8, and recognizing National Organ and Tissue Donation Awareness Week (NOTDAW) from April 21 to 27.



Helpful Resources

a. Announcement Ideas

i. Elementary School:

- Hi everyone! Monday, April 8th will be Green Shirt Day. We would like to ask everyone to come to school wearing green to show our love and support to the Humboldt Broncos.
- On Monday, April 8th we have an important day coming up. Please come to school wearing a green shirt for Green Shirt Day. Let's all join in to show our support to all of those people who were affected by the Humboldt Broncos bus accident a year ago. Don't forget, it's a green shirt!
- Hi everyone, just a reminder that Monday, April 8th is Green Shirt Day! Please remember to wear your favourite green shirt to show our support to the families who were affected by the Humboldt Broncos bus accident last year. We are excited to see everyone in their coolest green shirts!

ii. Secondary School:

- On Monday, April 8th, it is Green Shirt Day in support of the Humboldt Broncos. It has been a year since the Broncos bus crash that affected so many people. One of the players, Logan Boulet, saved six people's lives by donating his organs. Please come to school wearing green to show our support!
- Guess what? On Monday, April 8th everyone should try to wear a green shirt for Green Shirt Day! This is to honour and show our support to Logan Boulet and the other Humboldt Broncos players and families who were impacted by last year's bus crash. Logan donated his organs and saved six people's lives. Let's show our support and show up in green!
- It has been one year since the Humboldt Broncos bus crash tragedy. Logan Boulet was one of the victims, but he saved six people's lives through organ donation. Monday, April 8th is Green Shirt Day in honour of Logan and the Broncos players and their families. Please wear a green shirt to show your support. See you in green!

b. Newsletter Write-up

- On Monday, April 8th, schools across Canada will be participating in Green Shirt Day. Last April, the tragic Humboldt Broncos bus crash impacted the entire country. One of the players, Logan Boulet, was able to save six people through organ donation. His gift showed there is always hope, even in times of great tragedy.

Students can participate on April 8th by wearing a green shirt in support of all those affected by the Broncos accident, and to honour Logan's legacy of selfless giving.

c. Share with us!

- We would love to see the participation of students and staff for Green Shirt Day on Monday, April 8th. Please take pictures of students and staff in green shirts and share it with us! We will be posting photos of students from all around the province showcasing their support for organ donation and transplantation in honour of Logan Boulet.
 - Please email photos to **SHA.DonationProgram@saskhealthauthority.ca** or share on social media and tag us:
 - Facebook: www.facebook.com/saskhealthauthority
 - Twitter handle: @saskhealth
 - YouTube: www.Youtube.com/SaskHealthAuthority
 - Hashtags #GreenShirtDay #LoganBouletEffect #HumboldtStrong #OrgansTissuesforLife #BeADonorSask

d. Frequently Asked Questions:

Excerpted from Donate Life California student resources

<https://donatelifecalifornia.org/education/educator-resources/explaining-to-children/>

What is an organ?

- Much like a machine, our bodies are made up of lots of working parts. For humans, these working parts are called organs. All of our organs work together in our body, but each organ also has a specific job, such as pumping or cleaning our blood or helping us breathe.

What do the organs do?

- **Lungs** – Our two lungs help us to breathe.
- **Heart** – Our heart pumps blood through our bodies.
- **Kidneys** – Our two kidneys help to clean our bodies of waste. They also make urine.
- **Liver** – Our liver helps to break down the food we eat.
- **Pancreas** – Our pancreas helps our bodies to digest food.
- **Intestine** – Our intestine turns food and liquid into fuel for our bodies.

What is an organ transplant?

- Sometimes our organs don't work properly. This can be because of an illness or just something the person was born with. When this happens, doctors will decide if they can replace the organ with a healthy one from someone else.

What organs can be transplanted?

- Lungs, heart, kidneys, liver, and pancreas.

Where do the organs come from?

- Organs can come from a living person or someone who has died. A living donor is someone who wants to help by giving all or part of a healthy organ. A living donor can donate one kidney or a part of the liver. Sometimes someone who has died can also share their organs. In this case, the person and/or the person's family generously agrees to donate the organs to help someone else live.

How does the new organ get inside a person?

- The person will need to have an operation in the hospital. After the operation, the person might have a scar from where the doctors took out the organ that didn't work and put in the new one. This will be sore for a while, but it will heal.

What happens after someone receives an organ transplant?

- After the transplant, it will take some time to heal and the person may have to stay in the hospital. The person will also have to take medicine every day to keep healthy and may get sick more than you do, or visit their doctor often - but in most cases, once they are feeling better, a person can do everything that you can do.

How can you help someone who has had an organ transplant?

- Right after a transplant, the person might be more tired than usual but you can do quiet things together with them like reading, crafts or playing games.
- If the person is coming back to school after a long absence, he or she might be nervous or need to catch up on school work. You can help the person in class, answer questions, invite the person to eat lunch with you, and be a friend. Also, because someone with an organ transplant can get sick more easily, it is important to wash your hands often and not visit the person when you are sick.

e. Additional Resources:

The BC Ministry of Education has developed a Grade 8 lesson plan on organ donor awareness

- It can easily be adapted to other grades and made specific to GSD. Updated lesson plan is available for download <http://www.transplant.bc.ca/our-services/awareness-programs/green-shirt-day-resources>
- The original lesson plan is available here: <https://curriculum.gov.bc.ca/node/64320>

Green Shirt Day

- Resources available for download at <https://greenshirtday.ca/be-inspired/>

Donate Life California

- Organ donation lesson plans for educators - <https://donatelifecalifornia.org/education/educator-resources/>

Mommy Can Play Again

- This story of Molly, whose mother is waiting for a lung transplant, is published by the Transplant Recipient International Organization (TRIO) and designed for younger children. Download for free: <https://www.trioweb.org/resources/mommy-can-play-again-2.html>

Orgamites

- UK-based website designed for children to help them understand organ donation. Some resources available to download at <https://orgamites.com/>

Saskatchewan organ and tissue transplants and donations information

- www.saskatchewan.ca/organ-donation

Videos:

- Government of Saskatchewan Organ Donor Awareness Campaign <https://www.saskatchewan.ca/residents/health/accessing-health-care-services/organ-and-tissue-transplants-and-donations/organ-donation-awareness-campaign>
- BC Transplant “Live Life. Pass It On.” <https://www.youtube.com/watch?v=wlaCbiUjduQ>
- “A Precious Gift of Life” - video produced by the Great Ormond Street Hospital for Children in the UK. Appropriate for Grade 8 and above. <https://youtu.be/7V6rtVWFbiU>
- TSN Logan Boulet Effect Video: www.youtube.com/watch?v=LR4Z6n6erJM
- Global News: www.globalnews.ca/video/4136973/family-of-logan-boulet-explains-why-he-became-anorgan-donor
- Global News: www.globalnews.ca/video/4557266/parents-of-humboldt-broncos-crash-victim-toadvocate-for-organ-donation-at-saskatoon-event
- Canadian Transplant Association “Family Talk”
(English): <https://vimeo.com/265652438>
(French) <https://vimeo.com/265652624>
- Canadian Transplant Association “Braden’s story”
(English): <https://vimeo.com/266485532>
(French): <https://vimeo.com/266671415>