

# HOW TO GET INVOLVED

We all have the potential to offer hope by supporting organ and tissue donation. *Here's how:*

## Talk to your family about organ and tissue donation.

- Incorporate a discussion about donation into everyday conversations. For example, when you are cooking together, taking a walk or getting life insurance.

## For Organ Donor stickers:

- eHealth Saskatchewan 1-800-667-7551

## Display the campaign posters.

- Put up posters at your workplace or in school hallways, libraries and event venues. Raise awareness online.
- Share links to videos and stories from donors and recipients on your social media pages. View the videos and stories at [www.SaskHealthAuthority.ca/organdonation](http://www.SaskHealthAuthority.ca/organdonation).

## Raise awareness in your community.

- Organize an event in support of organ and tissue donation, write a letter to the editor of your local newspaper or put an announcement in your church's weekly newsletter.

## Get your school involved.

- Ask your instructor to share information from the SHA's toolkit, which can be found at [www.SaskHealthAuthority.ca/organdonation](http://www.SaskHealthAuthority.ca/organdonation).

**Thank you. Your support could save lives.**

## Saskatchewan Transplant Program

### In Saskatoon:

St. Paul's Hospital  
1702 20th St.W.  
Saskatoon, Sk S7M 0Z9  
1-306-655-5054

### In Regina:

Kidney Health Centre  
235 Albert St. N.  
Regina, SK S4R 3C2  
1-306-766-6477

## The SHA Donation Program:

St. Paul's Hospital  
1702 20th St.W.  
Saskatoon, SK S7M 0Z9  
1-306-655-0593  
Email: [SHA.donationprogram@saskhealthauthority.ca](mailto:SHA.donationprogram@saskhealthauthority.ca)



**For more information, visit: [www.SaskHealthAuthority.ca/organdonation](http://www.SaskHealthAuthority.ca/organdonation).**