

SASKATCHEWAN AND AREA PHYSICAL THERAPY CLINICS PROVIDING TREATMENT FOR PELVIC FLOOR DYSFUNCTION

(This list is not definitive and is subject to change.)

All licensed physical therapists are able to provide **external** pelvic assessment and treatment. Please check with your physical therapist to see if they are further qualified by the standards of their provincial College of Physical Therapists to perform **internal** pelvic floor services.

Limited public physiotherapy programs are available at no cost to the client. These programs may require a physician's referral. The majority of physiotherapy services require direct payment by clients. Fees for physiotherapy services may be covered by private or supplemental health insurance. Please verify with each facility, as this list is subject to change.

This document has been compiled with the help of the Saskatchewan Pelvic Floor Pathway. Find more resources at www.saskhealthauthority.ca/Services-Locations/patient-pathways/Pages/Pelvic-Floor-Pathway.aspx or search for "Sask Pelvic Floor Pathway" in your web browser.

SASKATOON AND AREA		
Armstrong's Physiotherapy Clinic - Mount Royal 1629 29th Street West, Saskatoon, SK www.armstrongphysio.com	Ph: 306-978-2424 F: 306-978-2232	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
Armstrong's Physiotherapy Clinic – Stonebridge #23 - 118 Cope Crescent, Saskatoon, SK www.armstrongphysio.com	Ph: 306-653-3838 F: 306-343-1788	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
Bourassa & Associates - Saskatoon Market Mall 2811 Estey Drive, Saskatoon, SK www.bourassarehab.com	Ph: 306-665-1962 F: 306-975-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
Bourassa & Associates – Venture Clinic 109 – 294 Venture Crescent, Saskatoon, SK www.bourassarehab.com	Ph: 306-665-1962 F: 306-975-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
Bourassa & Associates- Eastend Clinic (Orthopaedic Associates) #2 - 117 Slimmon Road, Saskatoon, SK www.bourassarehab.com	Ph: 306-665-1962 F: 306-975-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
CBI Physical Rehabilitation, Saskatoon Preston Centre #108, 2100 8th St. E www.cbi.ca/web/physiotherapy-saskatoon-2100-8th-east	Ph: 306-664-3604 F: 306-664-3605	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
Craven S.P.O.R.T. Services #3 – 701 2 nd Avenue North, Saskatoon, SK www.cravensportservices.ca	Ph: 306-934-2011 F: 306-934-2012	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
Donald Physiotherapy 80 - 3211 Preston Avenue, Saskatoon, SK www.donaldphysiotherapy.com	Ph: 306-933-3372 F: 306-933-3373	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
Holistic Physiotherapy & Wellness 202-626 Broadway Avenue, Saskatoon, SK www.holisticphysiowellness.ca	Ph: 306-373-0060	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
Kinetik Rehabilitation - Saskatoon City Hospital 8 th Floor, 701 Queen Street Saskatoon, SK www.kinetikrehab.com	Ph: 306 655-8974 F: 306 655-7878	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
Lead Integrated Health Therapies 214 Joseph Okemasis Dr, Saskatoon www.leadpilates.com/lead-pelvic-floor-health	Ph: 306-955-5558 F: 306-955-5571	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women

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Lifemark Clinic 304 – 3907 8 th Street East, Saskatoon, SK www.lifemark.ca/8th-Street	Ph: 306-652-5151 F: 306-652-5153	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
Mackie Physiotherapy 3012 Arlington Avenue, Saskatoon, SK mackiephysio@shaw.ca	Ph: 306 955-7888	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
McInnes Physiotherapy 3 – 616 10 th Street East, Saskatoon, SK www.mcinnespysio.ca	Ph: 306-931-2858 F: 306-931-2847	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
Myranda Reimer 400-1222 Quebec Avenue, Saskatoon, SK www.myrandareimer.com	Ph: 306-381-3446	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
Nomad Therapies 100 - 1202 Emerson Avenue, Saskatoon, SK www.nomadtherapies.ca	Ph: 306-382-2939 F: 306-934-2517	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
Reynolds Physiotherapy - Market Mall 175-2325 Preston Ave Saskatoon, SK www.reynoldspysiotherapy.com	Ph: 306-700-3138	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
Saskatchewan Pelvic Floor Pathway Clinic Saskatoon City Hospital, 701 Queen Street, Saskatoon www.saskhealthauthority.ca/Services-Locations/patient-pathways/Pages/Pelvic-Floor-Pathway.aspx	Ph: 306-655-7901 F: 306-655-7918	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> women
Saskatoon Community Clinic Requires referral from within community clinic 455 – 2 nd Avenue North, Saskatoon, SK	Ph: 306-664-4259 F: 306-975-2188	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> men & women
Synergy Sports Therapy - Synergy Strength CrossFit 400-1222 Quebec Avenue, Saskatoon, SK info@synergystrength.ca	Ph: 306-979-9348	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
Urology Centre of Health, St. Paul's Hospital Men only – pre and post prostatectomy 1702 - 20 th Street West, Saskatoon, SK	Ph: 306-655-5072 F: 306-655-5082	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> men
Warman Physiotherapy and Wellness 105 Klassen Street, Warman, SK www.warmanphysio.com	Ph: 306-341-9161 F: 306-373-9357	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
Women's Wellness Physiotherapy 200 15-23rd Street East Saskatoon, SK www.wwpysiotherapy.ca	Ph: 306 954-9939 F: 306 954-9940	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
REGINA AND AREA		
Bourassa & Associates 5 – 5875 Rochdale Blvd, Regina www.bourassarehab.com	Ph: 306-546-3210 F:1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
Bourassa & Associates Emerald Park 336 Great Plains Road Emerald Park www.bourassarehab.com	Ph: 306-721-4110 F:1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
Brownstone Health 1455 Rose Street, Regina, SK www.brownstonehealth.ca	Ph: 306-779-1275 F: 306-779-1276	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women

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CBI Synergy 2332 Scarth Street, Regina, SK www.cbi.ca/web/physiotherapy-regina-scarth	Ph: 306-569 6683 F: 306-569 6978	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
CBI Park Street 2073 Park Street, Regina, SK www.cbi.ca/web/physiotherapy-regina-park/	Ph: 306-994-3391 F: 306-522-8268	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
Emerald Physiotherapy and Rehabilitation 606 Victoria Ave (Maternity & Wellness Clinic), Regina www.emeraldphysio.ca	Ph: 306-347-1999 F: 306-347-1998	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
Regina Sports and Physiotherapy Clinic 1524 Albert Street, Regina, SK www.reginaphysio.com	Ph: 306-522-4995 F: 306-352-1735	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
Stapleford Physiotherapy 1712 Badham Blvd, Regina www.staplefordhealth.ca	Ph: 306-543-0990 F: 306-545-5634	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
Saskatchewan Pelvic Floor Pathway Clinic Regina Centre Crossing, 1621 Albert Street, Suite 102, Regina www.saskhealthauthority.ca/Services-Locations/patient-pathways/Pages/Pelvic-Floor-Pathway.aspx	Ph: 306-766-0482 F: 306-766-7137	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> women
BUFFALO NARROWS, LA LOCHE, ILE A LA CROSSE		
Physical Therapy Department	Ph: 306-235-3001 (Buffalo Narrows) Ph: 306-822-3210 (La Loche) Ph: 306-833-3397 (Ile a la Crosse) F: 306-235-4390	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> women
ESTEVAN		
St. Joseph's Hospital, Therapies Department 1176 Nicholson Road, Estevan, SK	Ph: 306-637-2410 F: 306-637-2485	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> women
FORT QU'APPELLE		
Bourassa & Associates 450 8 th St (All Nations Healing Hospital), Fort Qu'Appelle, SK www.bourassarehab.com	Ph: 306-546-3210 F: 1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
LANIGAN		
Bourassa & Associates 104 Main Street, Lanigan, SK www.bourassarehab.com	Ph: 306-365-2015 F: 1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
LLOYDMINSTER		
Lloydminster Hospital, Therapies Department 3820 – 43 rd Avenue, Lloydminster, SK	Ph: 306-820-6055 F: 306-820-6165	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> men & women
CBI Health Centre - Lloydminster 3810 51 Avenue Suite 101 Lloydminster AB www.cbi.ca	Ph: 587-789-1566 F: 855-820-2936	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
MOOSE JAW		
CBI Health Centre 27 High Street East, Moose Jaw, SK www.cbi.ca/Moose-Jaw	Ph: 306-692-4413 F: 306-692-4919	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
Highland Rehabilitation Centre #3 - 58 Highland Road, Moose Jaw, SK www.highlandrehab.ca	Ph: 306-693-2893 F: 639-739-2169	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women

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NORTH BATTLEFORD		
Bourassa & Associates 982 102nd Street, North Battleford www.bourassarehab.com	Ph: 306-665 1962 F:1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
CBI Physical Rehabilitation Centre 9800 Territorial Drive, North Battleford, SK www.cbi.ca/web/physiotherapy-north-battleford-territorial	Ph: 306-446-5670 F: 306-446-5671	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
Primary Health Centre – North Battleford Medical Clinic 101 – 11427 Railway Avenue, North Battleford, SK	Ph: 306-446-6459 F: 306-446-6432	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> women
OUTLOOK		
Sim Physiotherapy 215A Franklin Street, Outlook, SK	Ph: 306-867-2088 F: 306-867-2098	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
PRINCE ALBERT		
Freedom Physiotherapy & Consultants 13-2685 2 nd Avenue West, Prince Albert, SK www.freedomphysio.ca	Ph: 306-763-2322 F: 306-763-2320	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
Physio Fit Therapy & Fitness 365-36th Street West, Prince Albert, SK www.physiofitpa.vpweb.ca	Ph: 306-764-3479 F: 306-764-3479	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
ROSETOWN		
Bourassa & Associates 305 Highway #4 North, Rosetown, SK www.bourassarehab.com	Ph: 306-546-3210 F:1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
SWIFT CURRENT		
Central Avenue Physiotherapy 302 Central Avenue North, Swift Current, SK www.achesandsprains.ca	Ph: 306-773-8313 F: 306-773-8316	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
STRIDE Physio & Performance 220 1st Avenue NW, Swift Current, SK www.hityourstride.ca	Ph: 306-778-7770 F: 306-778-7710	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
TISDALE		
Bourassa & Associates 701 100th Street, Tisdale, SK www.bourassarehab.com	Ph: 306-873-3744 F:1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
WATROUS		
Bourassa & Associates 403 Main Street Watrous, SK www.bourassarehab.com	Ph: 306-946 2074 F:1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
WEYBURN		
Centered Physiotherapy + Yoga 106-433 4th St. N.E. Weyburn, SK www.centeredphysio.com	Ph: 306-842-3772 F: 306-842-3773	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
WYNYARD		
Bourassa & Associates 218 Bosworth Street Wynyard SK www.bourassarehab.com	Ph: 306-554 2046 F:1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women

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OUT OF PROVINCE SERVICES NEAR SASKATCHEWAN BORDERS		
Alberta Physical Therapy 106 1235 Southview Drive SE, Medicine Hat, AB www.aptcinc.ca	Ph: 403-527-9477 F: 403-527-8274	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
Theracare Physiotherapy 118 – 3030 13th Avenue SE, (Co-op Mall), Medicine Hat, AB www.theracarephysio.com	Ph: 403-488-7888 F: 403-487-5445	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women
Element Physiotherapy 728-18th St Brandon, MB www.elementphysio.ca	Ph: 204-728-4466 F: 204-728-9009	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> women
Physio4U 459 23 rd Street, Brandon, MB www.physio4u.net	Ph: 204-725-4066 F: 204-725-0012	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> call for apptmt <input checked="" type="checkbox"/> men & women