

Rapid training and ongoing coaching for appropriate PPE use

We are working to support each area to develop strategies that maximize human resources and match the needs of your specific context while also rapidly training for appropriate PPE use.

In developing your strategy, please adhere to the following principles

1. Minimize use of disposable PPE
 - Use washable gowns if possible
 - Simulate sanitizer – use an empty bottle, look for technique
 - Instruct learner to hold on to any disposable supplies for future training or practice – mask (N95 or surgical), gloves, and disposable gown if used
2. Focus on high priority areas and roles

AREAS

- Emergency Departments
- Intensive Care Units (ICU)
- Medicine units with negative pressure rooms (for Aerosol-Generating Medical Procedures or AGMPs)
- LTC – homes with ventilated patients

ROLES

Consider anyone going in and out of patient rooms in high priority areas, performing AGMPs, or transporting patients, including but not limited to:

- physicians
- nurses
- CCAs
- porters
- diagnostic imaging, ECG, lab
- respiratory therapists or other therapies
- EMS

3. Collaborate to leverage skills and cross-training across existing departments who can contribute: OHS, IPC, CNE

As well, please consider:

- approaches to training and coaching on PPE that are “in situ” or opportunistic, i.e. having a PPE coach on call and nearby for staff and physicians to receive coaching in real-time while donning and doffing for actual patient care in order to preserve PPE
- coordinating to allow for FIT testing and PPE training to occur sequentially
- a buddy system – ideally for both donning and doffing, but at a minimum for doffing

RESOURCES

To ensure consistent messaging on donning and doffing, please find attached

- a coaching checklist for use by a trained observer or buddy
- posters for printing and displaying next to rooms
- videos to allow staff to review procedures and principles
 - [5 min video from Trillium Health](#)
 - [15 min narrated PowerPoint from Alberta Health Services](#)

Note that there is occasionally variation in steps depending on the resource, but the underlying principles are the same. Please use the checklist as your consistent source of steps and instructions.