In the past 14 days have you:

- Been named a Close Contact, by Occupational Health and Safety or Public Health, to a person who received a laboratory confirmed COVID-19 (C-19) positive result or
- Have you travelled outside of Canada?

Do you have *symptoms that are compatible with C-19 (see below) that is not related to pre-existing illness or health condition?

Did you or anyone in your household complete an antigen test?

- NO
  - Self-isolate and arrange for immediate testing
  - NO
    - You can work with no restrictions. Continue to self-monitor
  - YES
    - Antigen Test is positive: Self-isolate and arrange for immediate PCR testing at a test site or drive thru***
    - Antigen Test is Negative: You can work with no restrictions. Continue to self-monitor

Test is positive: Public Health will give you instructions regarding mandatory self-isolation, provide ongoing direction and will release you from isolation. Once released from isolation and if symptoms are **significantly resolved (see below) contact your manager to arrange return to work date.

Test is negative: As notified or viewed on “MySaskHealthRecord”

If symptoms persist after 48 hours get RETESTED
If symptoms are **significantly resolved (see below) contact your manager to arrange return to work date.

Test is positive: Public Health will give you instructions regarding mandatory self-isolation, provide ongoing direction and will release you from isolation. Once released from isolation and if symptoms are **significantly resolved (see below) contact your manager to arrange return to work date.

Test is Negative: Complete entire self-isolation period as previously directed by Public Health or Occupational Health.

If negative test was done less than 48 hours before symptoms started, get RETESTED
If symptoms persist after 48 hours get RETESTED
In addition to a negative test, symptoms must also be **significantly resolved (see below) before ending isolation.
Once released from isolation, contact your manager to arrange return to work date.

Important Note:
If you have NOT BEEN TESTED but have symptoms compatible with Covid-19 it is recommended that you GO FOR TESTING IMMEDIATELY and follow this RTW algorithm, otherwise call the OHS hotline for further direction (1-833-233-4403).

For latest isolation requirements, follow the link below:
- Anyone experiencing COVID-19 symptoms, even if they are mild, should get tested immediately. Anyone who receives a negative test result but continues to experience COVID-19 symptoms after 48 hours should be retested. Getting tested and knowing your status is an important step to protecting yourself and others against COVID-19.

- *Symptoms Compatible with Covid-19:* May include a fever, cough, shortness of breath, difficulty breathing, sore throat, muscle and/or joint pain, headache, vomiting, chills or runny nose that is not related to pre-existing health conditions.

- **Significantly resolved:** Refers to when symptoms are notably improved for 48 hours. The recovery of COVID-19 varies from person to person. Note: Absence of cough is not required for those known to have a chronic or lingering cough, wheezing or shortness of breath. This may require discussion with a care provider.

- Potential workplace exposures to Covid-19 should be reported as a safety incident as per your organization’s procedures. This is important for validation related to WCB claims.

- **Home Antigen Testing:** If you or anyone in your household tests positive using the home antigen testing kit, all members of your immediate household must self isolate. Please arrange for a PCR test immediately.

- Test results are available online through MySaskHealthRecord. https://www.ehealthsask.ca/MySaskHealthRecord to register

- If test results are positive, immediately self-isolate. You will be contacted by Public Health/designate to determine appropriate action.

- If test results are negative contact your manager and follow the RTW algorithm. You will also be notified by the Negative Call Back Team.

- If test results are negative after multiple tests and symptoms persist after 7 days, contact your Health Care Provider.

- If you are unable to obtain your test results through MySaskHealthRecord and/or you have further questions, please contact OHS Hotline at 1-833-233-4403