

## Instructions for Written Request

The “Written Request” is a document which expresses your interest in medical assistance in dying (MAID). This form is required by law, and essential in starting the process for MAID; it does not need to be completed prior to assessments being done. The program will forward you the form by email, in person, fax, or regular mail, and provide instructions to complete it. The “Written Request” is not consent for MAID provision and does not determine a patient’s eligibility. The patient can change their mind at any time.

1. Ensure the “Patient Information” is accurate and correct any mistakes.
2. Read the paragraph under “Patient Request”.
3. If you agree with the statement you will need to sign and date the document in the presence of a witness.
4. The witness must;
  - Be at least 18 years of age.
  - Confirm the identity of the patient.
  - Understand the nature of the request for MAID.
  - Not know or believe that they are a beneficiary of the estate of the patient making the request.
  - Not be an owner operator of a health care facility where the patient is receiving treatment or of a facility in which the patient resides.
5. If you are physically unable to sign, you may have someone sign on your behalf – a proxy. This individual **cannot** make decisions for you. The proxy and witness must sign the document in your presence and under your direction.

**Note:** The proxy must meet the same criteria as a witness and cannot be the witness.

In the event you are having difficulty obtaining a witness please contact the Provincial MAID Program by dialling 811 and select option 5 for assistance.

The Written Request can be faxed to 1-833-837-9006 or mailed to:

Provincial MAID Program  
2755 Avonhurst Drive  
Regina, SK. S4P 3J3