

## SASKATCHEWAN PELVIC FLOOR PATHWAY

### Practitioners Trained to Fit Pessaries and Provide Pessary Care & Maintenance

(This list is not definitive and is subject to change.)

Pessaries are fit by gynecologists as well as nurse practitioners in the Pelvic Floor Pathway Clinics in Regina and Saskatoon. Primary care providers (physicians and NPs) may also fit pessaries if they have pertinent training and/or expertise.

The nurse practitioners listed below have indicated that they can support patients with fitting and maintenance of pessaries. You can also contact local primary health care teams to see if they provide this service.

Note that services of practitioners are covered by public insurance, *but the cost of the pessary itself must be covered by NIHB or supplementary health insurance, or may require out-of-pocket payment.*

Provider/Facility Name	Location	Contact Numbers
Michelle O'Keefe Indian Head Primary Health Care Centre	Indian Head	Phone: 306-695-4050
Cara Wihlidal Meadows Rural Primary Health Care	Cupar, Southey, Regina Beach	Phone: 306-766-6399
Diana Ashfield Women's Health Centre, All Nation's Healing Hospital	8th Street, Fort Qu'Appelle	Phone: 306-332-2673 Fax: 306-332-2677
Jean Daku Kipling Primary Health Clinic	Kipling	Phone: 306-736-2559
Toni Giraudier Bengough Primary Care	Bengough	Phone: 306-268 2200
Raquel Carlson Weyburn Primary Health Care Clinic	#204-117 3rd St NE Weyburn, SK	Phone: 306-842-8790 Fax: 306-842-8799
Deanna Palmier Primary Health Care Clinics	Mankota, Vanguard, Hodgeville	Mankota 306 478-2295 Vanguard 306 582-2044, Hodgeville 306-677-2292
Johanne Rust (pessary maintenance only) Willow Bunch Wellness Centre Grasslands Health Center	Willow Bunch, Rockglen	Willow Bunch 306-473-2310 Rockglen 306-476-2209
Amanda Scollan Regina Pelvic Floor Pathway Clinic	Regina Centre Crossing 1621 Albert Street Regina, SK	Phone: 306-766-0482 Fax: 306-766-7137
Maggie Phelan Saskatoon Pelvic Floor Pathway Clinic	Saskatoon City Hospital 701 Queen Street Saskatoon, SK	Phone: 306-655-7901 Fax: 306-655-7918

**Find more** pelvic floor information on web pages of the Saskatchewan Pelvic Floor Pathway (search “sask pelvic floor pathway” in your web browser)