

## Canadian Malnutrition Week

---

Join the Canadian Malnutrition Task Force from Oct 4-8, 2021, for their annual Canadian Malnutrition Awareness Week™. The theme for the 2021 campaign is **Championing Malnutrition Care**. Please visit the Canadian Malnutrition Task Force [website](#) for more information on the national campaign including free access to daily [webinars](#) delivered by leading Canadian and international experts and [informational materials](#).

Up to 1 in 2 adults and 1 in 3 children presenting to hospital are malnourished upon admission. COVID-19 has shed a light on the importance of food as medicine for patients to heal in hospitals and post discharge. Many COVID-19 survivors, regardless of the severity of their illness, are experiencing long-term effects that impact their nutritional status and functional recovery. Food is just as important to health as medicine – what you eat impacts your health and your recovery.

Join the campaign to learn how you can become a champion for malnutrition care.