**myMobile User Guide**

**Application Version**

**Signing In**

1. Enter your Username and Password.
   - Click the ‘Remember Me’ box, and it will save your username and password for easy login.

2. Click ‘Sign In’.

*If you forget your username and/or password, please call the TELUS HHM Support Line (1-855-252-2512).*

**myMobile Home Page**

After logging in, the consent agreement will show. You must give consent to access the home page.

**Interviews**

The ‘Start’ button at the top of the screen opens a scheduled interview.
- If there is no ‘Start’ button, then no interview is due. Instead, you will see when your next interview will open.

**My Plan**

My plan will show you the scheduled interviews for today and tomorrow.
- If you need to do an interview outside of the normal schedule, click the interview under the ‘Unscheduled Interviews’ heading.
My Latest Readings
This section shows you the last set of readings you sent to your monitoring team.
- The history of each reading can be viewed in graphs by clicking on the reading.

Secure Messaging
You can send and receive secure messages to and from your monitoring team.
- Messaging is **not** for Medical Emergencies.

Educational Information
Any links in your interviews can be found here for easy access. You can open these at any time.

Home Menu
Click the **home menu button** in the top left corner. Here you will find the sign out button, the consent agreement, and your patient profile.

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**Need Tech Help?**
TELUS HHM Support Line
Phone: 1-855-252-2512
Email: saskhhm@telus.com