

Traveling Securely - Tips to Help You Prepare



Planning ahead to travel with confidence...

In a world where we are constantly connected, cybersecurity cannot be limited to the home or office.

When you're traveling—whether domestic or international—it is always important to practice safe online behavior and take proactive steps to secure Internet-enabled devices.

The more we travel, the more we are at risk for cyberattacks. Use these tips to connect with confidence while on the go

Think Twice!

Thieves and cybercriminals love mobile devices and the sensitive information they hold, which they can steal and use for fraudulent purposes.

Be the strong link!

- ✓ Back up your contacts, financial data, photos, videos, and other mobile device data to another device or cloud service in case your device is compromised, and you have to reset it to factory settings..
- ✓ Enable multi-factor authentication (MFA) to add additional protection for your accounts including email, banking, social media, and any other service that requires logging in.
- ✓ Keep your software updated to the latest version available by turning on automatic updates and set your security software to run regular scans.
- ✓ Limit the amount of sensitive and personal information stored on your mobile device.

If you suspect you've received a suspicious email, forward it (as an attachment) to emailsecurity@eHealthSask.ca and delete it from your inbox. Report any security-related incidents immediately to ServiceDesk@eHealthSask.ca

We appreciate your help in protecting the Saskatchewan health network.