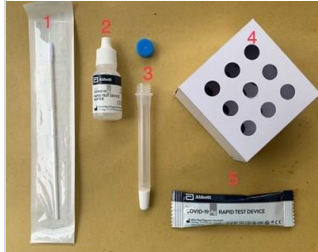


COVID-19

Rapid Antigen Self-Testing Instructions - Panbio

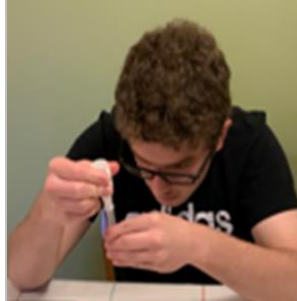
Follow these six steps to complete the COVID-19 self-test using the Abbott Panbio™ Rapid Antigen test kit.

Step 1. Prepare supplies



Wash hands before starting. Prepare your testing area and lay out the supplies you will need on a clean surface: 1. Nasal swab 2. Buffer fluid 3. Tube and cap 4. Tube rack 5. Test device

Step 2: Place buffer fluid in the tube



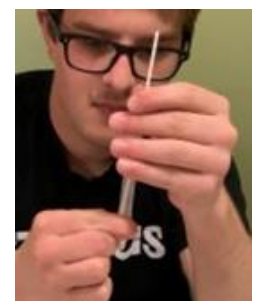
Put buffer fluid into the tube up to the line as shown, then place in the tube rack.

Step 3. Obtain throat / nares swab

Swab the back of the throat (avoiding the tongue, teeth and lips) in the tonsillar area for 5 seconds on each side. Swab the nares using the same swab. Insert swab about 1 cm into the nares, rotate 5 times, remove and repeat on the other side.



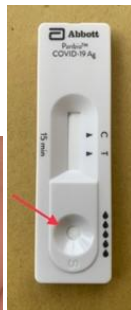
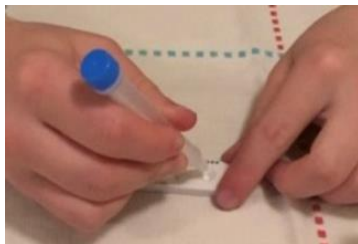
Step 4. Place swab into the tube



Place the swab into the tube and swirl the swab around in the fluid 5 times. Squeeze the swab through the tube and break off the swab (at the breakpoint on the swab stick). Place the blue cap on the tube and place back in the tube rack.

Step 5. Apply fluid to test

Take the test device out of the package. Remove the white cap from the bottom of the tube and squeeze 5 drops of the fluid into the specimen well of the test device.



Step 6. Read test result



Set a timer for 15 minutes. Read results after 15 minutes and no later than 20 minutes. One red line (C) - indicates a negative result, Two red lines (C and T) - indicate a positive result. One line (T) - is an invalid test (the test will need to be re-done).

Positive test? **Positive results do not require a confirmatory PCR test.** Refer to the [Ministry of Health's Self-Testing Guidelines](#) for advice on how to proceed once results are displayed and test processing time is complete. View a self-testing video example at <https://youtube/2nKl31w9BPA>.