



## Who does not require a COVID-19 Test?

In response to the evolving situation related to the COVID-19 Omicron variant and due to the number of Omicron cases rising rapidly in Saskatchewan – access to testing is predicted to be a challenge for many Saskatchewan residents. The Saskatchewan Health Authority has prioritized who is eligible for PCR testing, and what isolation requirements are required for those who cannot access testing. The number of Omicron cases is rising rapidly in Saskatchewan such that individual with symptoms indicative of COVID-19 can be presumed to be infected and initiate timely self-isolation to prevent transmission in the community.

### Who does not require a COVID-19 test?

Members of the public, that do not work, live or volunteer in high risk settings (hospital, LTC, congregate living, shelters or corrections), who have mild symptoms, **ARE NOT REQUIRING MEDICAL ATTENTION** and **DO NOT** have access to rapid antigen tests.

### COVID-19 symptoms include:

One or more:

- Fever and/or chills
- Cough
- Shortness of breath
- Decrease or loss of taste or smell

Or

Two or more:

- Runny nose / nasal congestion
- Headache
- Extreme Fatigue
- Sore throat
- Muscle aches / joint pain
- Gastrointestinal symptoms (ie. Vomiting or diarrhea)

Individuals with COVID-19 symptoms, who are ineligible for PCR tests and do not have access to rapid antigen tests are **PRESUMED** to have COVID-19 infection and should **self-isolate for 5 days from symptom onset and notify close contacts**.