

**SASKATCHEWAN NURSE PRACTITIONERS  
TRAINED IN PESSARY FITTING AND MAINTANENCE**

(This list is not definitive and is subject to change.)

Select health care professionals such as gynecologists, nurse practitioners, physicians and physical therapists may have training in pessary fitting and management.

The nurse practitioners listed below offer pessary fitting and management at no cost. You can also contact local primary health care centers to see if they provide this service.

Please note *the cost of a pessary is the patient's responsibility. NIHB patients have full coverage. Please check with any private health insurance to see if they cover this item.*

Facility Name	Contact Numbers
Indian Head Primary Health Care Centre, Indian Head, SK	Phone: 306-695-4050 Fax: 306-695-4051
Cara Wihlidal Meadows Rural Primary Health Care - Cupar, Southey, Regina Beach	Phone: 306-766-6399
Diana Ashfield Balcarres	Phone: 306-334-6260 Fax: 306-332-2865
Kipling Primary Health Clinic, Kipling, SK	Phone: 306-736-2559 Fax: 306-736-2574
Regina Pelvic Floor Pathway Clinic Regina Centre Crossing, 1621 Albert Street, Regina, SK	Phone: 306-766-0482 Fax: 306-766-7551
Saskatoon Pelvic Floor Pathway Clinic Saskatoon City Hospital, 701 Queen Street, Saskatoon, SK	Phone: 306-655-7901 Fax: 306-655-7918

Find more information on the Saskatchewan Pelvic Floor Pathway,  
search "SHA Pelvic Floor Pathway" in your web browser.

For additions or changes to this list, please contact [pfpregina@saskhealthauthority.ca](mailto:pfpregina@saskhealthauthority.ca)