

## SASKATCHEWAN AND AREA PHYSICAL THERAPY CLINICS PROVIDING TREATMENT FOR PELVIC FLOOR DYSFUNCTION

(This list is not definitive and is subject to change.)

All licensed physical therapists are able to provide **external** pelvic assessment and treatment. Please check with your physical therapist to see if they are further qualified by the standards of their provincial College of Physical Therapists to perform **internal** pelvic floor services.

Limited public physiotherapy programs are available at no cost to the client. These programs may require a physician's referral. The majority of physiotherapy services require direct payment by clients. Fees for physiotherapy services may be covered by private or supplemental health insurance. Please verify with each facility, as this list is subject to change.

This document has been compiled with the help of the Saskatchewan Pelvic Floor Pathway. Find more resources at <https://www.saskhealthauthority.ca/your-health/conditions-diseases-services/pelvic-floor-pathway> or search "SHA Pelvic Floor Pathway" in your web browser.

<b>SASKATOON AND AREA</b>		
Armstrong's Physiotherapy Clinic – Stonebridge #23 - 118 Cope Crescent, Saskatoon <a href="http://www.armstrongphysio.com">www.armstrongphysio.com</a>	Ph: 306-653-3838 F: 306-343-1788	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
Craven S.P.O.R.T. Services #3 – 701 2 <sup>nd</sup> Avenue North, Saskatoon <a href="http://www.cravensportservices.ca">www.cravensportservices.ca</a>	Ph: 306-934-2011 F: 306-934-2012	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
Donald Physiotherapy 80 - 3211 Preston Avenue, Saskatoon <a href="http://www.donaldphysiotherapy.com">www.donaldphysiotherapy.com</a>	Ph: 306-933-3372 F: 306-933-3373	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
Empowered Pelvic Wellness <a href="http://www.empoweredpelvic.ca">www.empoweredpelvic.ca</a> Saskatoon	Ph: 306-700-3699 F: 306 373-0061	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
Holistic Physiotherapy & Wellness 302-4th Ave, Saskatoon <a href="http://www.holisticphysiowellness.ca">www.holisticphysiowellness.ca</a>	Ph: 306-373-0060	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Kinetik Rehabilitation - Saskatoon City Hospital 8 <sup>th</sup> Floor, 701 Queen Street Saskatoon <a href="http://www.kinetikrehab.com">www.kinetikrehab.com</a>	Ph: 306 655-8974 F: 306 655-7878	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Lead Integrated Health Therapies 214 Joseph Okemasis Dr Saskatoon <a href="http://www.leadpilates.com/lead-pelvic-floor-health">www.leadpilates.com/lead-pelvic-floor-health</a>	Ph: 306-955-5558 F: 306-955-5571	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Lifemark Clinic 8th Street 304 – 3907 8 <sup>th</sup> Street East, Saskatoon <a href="http://www.lifemark.ca/8th-Street">www.lifemark.ca/8th-Street</a>	Ph: 306-652-5151 F: 306-652-5153	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Lifemark Clinic Stonebridge 105-203 Stonebridge Blvd, Saskatoon <a href="http://www.lifemark.ca/Stonebridge">www.lifemark.ca/Stonebridge</a>	Ph: 306-649-2288 F: 306-649-2290	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Mackie Physiotherapy 3012 Arlington Avenue, Saskatoon <a href="http://www.mackiephysio.com">www.mackiephysio.com</a>	Ph: 306 955-7888	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
Myranda Reimer, Strength and Conditioning Physiotherapy <a href="http://www.myrandareimer.com">www.myrandareimer.com</a>	Ph: 306-381-3446 F: 306-500-9986	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Nomad Therapies 100 - 1202 Emerson Avenue, Saskatoon <a href="http://www.nomadtherapies.ca">www.nomadtherapies.ca</a>	Ph: 306-382-2939 F: 306-934-2517	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
Prairie Pelvic Health 619 8th St E, Suite 105, Saskatoon <a href="http://www.prairiepelvichealth.com">www.prairiepelvichealth.com</a>	Ph: 306 244-0244 F: 306 700 2377	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
Reynolds Physiotherapy - Market Mall 130-2501 Jasper Ave S, Regina <a href="http://www.reynoldspysiotherapy.com">www.reynoldspysiotherapy.com</a>	Ph: 306-700-3138 F: 639 630 2119	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women

## SASKATCHEWAN AND AREA PHYSICAL THERAPY CLINICS PROVIDING TREATMENT FOR PELVIC FLOOR DYSFUNCTION

Saskatchewan Pelvic Floor Pathway Clinic Saskatoon City Hospital, 701 Queen Street, Saskatoon <a href="http://www.saskhealthauthority.ca/Services-Locations/patient-pathways/Pages/Pelvic-Floor-Pathway.aspx">www.saskhealthauthority.ca/Services-Locations/patient-pathways/Pages/Pelvic-Floor-Pathway.aspx</a>	Ph: 306-655-7901 F: 306-655-7918	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> women
Saskatoon Pessary Clinic (also provides PT services) Saskatoon <a href="http://www.saskatoonpessaryclinic.com">www.saskatoonpessaryclinic.com</a>	Ph: 306-912-6269 F: 1-855-915-0292	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
Saskatoon Community Clinic (only with referral from within community clinic) 455 – 2 <sup>nd</sup> Avenue North, Saskatoon	Ph: 306-664-4259 F: 306-975-2188	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> men & women
Still Physio 201-626 Broadway Ave, Saskatoon <a href="http://www.stillphysio.ca">www.stillphysio.ca</a>	Ph: 306-270-5217	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Urology Centre of Health, St. Paul's Hospital <b>Men only – pre and post prostatectomy</b> 1702 - 20 <sup>th</sup> Street West, Saskatoon	Ph: 306-655-5072 F: 306-655-5082	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> men
Vangool Wellness & Physiotherapy 3026 Taylor Street E, Saskatoon <a href="http://www.vangoolwellness.com">www.vangoolwellness.com</a>	Ph: 306-242-9355 F: 306-242-9508	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Venture Rehabilitation Sciences Group – Venture Clinic 109 – 294 Venture Crescent, Saskatoon <a href="http://www.venturerehab.ca">www.venturerehab.ca</a>	Ph: 306-665-1962 F: 1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
Venture Rehabilitation Sciences Group 220 Betts Ave #90, Saskatoon <a href="http://www.venturerehab.ca">www.venturerehab.ca</a>	Ph: 306-665-1962 F: 1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
Warman Physiotherapy and Wellness 105 Klassen Street, Warman <a href="http://www.warmanphysio.com">www.warmanphysio.com</a>	Ph: 306-373-9355 F: 306-373-9357	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women & pediatric
Warman Physio- Saskatoon Unit #120,1260 Baltzan Blvd Saskatoon <a href="http://www.warmanphysio.com">www.warmanphysio.com</a>	Ph: 306-931-9355 F: 306-373-9357	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women & pediatric
Women's Wellness Physiotherapy 200 15-23rd Street East Saskatoon <a href="http://www.wvphysiotherapy.ca">www.wvphysiotherapy.ca</a>	Ph: 306 954-9939 F: 306 954-9940	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
Zone Sports Physiotherapy- Lakeside Centre 140-215 Joseph Okemesis Drive, Saskatoon <a href="http://www.zonesportspt.com">www.zonesportspt.com</a>	Ph: 306 477- ZONE (9663) F: 306 477-9664	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
<b>REGINA AND AREA</b>		
Brownstone Health 1455 Rose Street, Regina <a href="http://www.brownstonehealth.ca">www.brownstonehealth.ca</a>	Ph: 306-779-1275 F: 306-779-1276	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Emerald Physiotherapy and Rehabilitation (Maternity & Wellness Clinic) 606 Victoria Ave Regina <a href="http://www.emeraldphysio.ca">www.emeraldphysio.ca</a>	Ph: 306-347-1999 F: 306-347-1998	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Haas Physical Therapy 336 Great Plains Rd, Emerald Park <a href="http://www.haasphysicaltherapy.ca">www.haasphysicaltherapy.ca</a>	Ph: 306-559-5676 F: 306-559-5637	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Haas Physical Therapy 4535 Rochdale Blvd, Regina <a href="http://www.haasphysicaltherapy.ca">www.haasphysicaltherapy.ca</a>	Ph: 306-559-6469 F: 306-559-6483	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Lifemark Regina Sports and Physiotherapy Clinic 1524 Albert Street, Regina <a href="http://www.reginaphysio.com">www.reginaphysio.com</a>	Ph: 306-522-4995 F: 306-352-1735	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women

**SASKATCHEWAN AND AREA PHYSICAL THERAPY CLINICS  
PROVIDING TREATMENT FOR PELVIC FLOOR DYSFUNCTION**

Stapleford Health and Rehab Centre 1712 Badham Blvd, Regina <a href="http://www.staplefordhealth.ca">www.staplefordhealth.ca</a>	Ph: 306-543-0990 F: 306-545-5634	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
Saskatchewan Pelvic Floor Pathway Clinic Regina Centre Crossing, 1621 Albert Street, Suite 102, Regina <a href="http://www.saskhealthauthority.ca/Services-Locations/patient-pathways/Pages/Pelvic-Floor-Pathway.aspx">www.saskhealthauthority.ca/Services-Locations/patient-pathways/Pages/Pelvic-Floor-Pathway.aspx</a>	Ph: 306-766-0482 F: 306-766-7137	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> women
<b>ESTEVAN</b>		
St. Joseph's Hospital, Therapies Department 1176 Nicholson Road, Estevan	Ph: 306-637-2410 F: 306-637-2485	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> women
<b>LA RONGE and AREA</b>		
La Ronge Saskatchewan Health Authority Physical Therapy Department	Ph: 306-425-8504 F: 306-425-5173	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> women
<b>LLOYDMINSTER</b>		
Lloydminster Hospital, Therapies Department 3820 – 43 <sup>rd</sup> Avenue, Lloydminster	Ph: 306-820-6055 F: 306-820-6165	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> men & women
<b>MOOSE JAW</b>		
Moose Jaw Physical Rehabilitation 15 Thatcher Drive, Moose Jaw <a href="http://www.mjphysicalrehab.com">www.mjphysicalrehab.com</a>	Ph: 306-693-0545 F: 306 693 0521	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Dr. F. H. Wigmore Regional Hospital, 55 Diefenbaker Drive, Moose Jaw	Ph: 306-694-0201 F: 306 694-8710	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> men & women
<b>NORTH BATTLEFORD</b>		
Venture Rehabilitation Sciences Group 982 102nd Street, North Battleford <a href="http://www.venturerehab.ca">www.venturerehab.ca</a>	Ph: 306-665-1962 F: 306-975-0109 1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
CBI Physical Rehabilitation Centre 9800 Territorial Drive, North Battleford <a href="http://www.cbi.ca/web/physiotherapy-north-battleford-territorial">www.cbi.ca/web/physiotherapy-north-battleford-territorial</a>	Ph: 306-446-5670 F: 306-446-5671	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
Primary Health Centre – North Battleford Medical Clinic 101 – 11427 Railway Avenue, North Battleford	Ph: 306-446-6459 F: 306-446-6432	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> women
<b>OUTLOOK</b>		
Sim Physiotherapy 209 Saskatchewan Ave E, Outlook <a href="http://www.simphysio.com">www.simphysio.com</a>	Ph: 306-867-2088 F: 306-867-2098	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
<b>PRINCE ALBERT</b>		
Freedom Physiotherapy & Consultants 13-2685 2 <sup>nd</sup> Avenue West, Prince Albert <a href="http://www.freedomphysio.ca">www.freedomphysio.ca</a>	Ph: 306-763-2322 F: 306-763-2320	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Physio Fit Therapy & Fitness 365-36th Street West, Prince Albert <a href="http://www.physiofitpa.net">www.physiofitpa.net</a>	Ph: 306-764-3479 F: 306-764-3479	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric

**SASKATCHEWAN AND AREA PHYSICAL THERAPY CLINICS  
PROVIDING TREATMENT FOR PELVIC FLOOR DYSFUNCTION**

<b>SWIFT CURRENT</b>		
Central Avenue Physiotherapy 302 Central Avenue North, Swift Current <a href="http://www.achesandsprains.ca">www.achesandsprains.ca</a>	Ph: 306-773-8313 F: 306-773-8316	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
STRIDE Physio & Performance 220 1st Avenue NW, Swift Curren <a href="http://www.hityourstride.ca">www.hityourstride.ca</a>	Ph: 306-778-7770 F: 306-778-7710	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
<b>TISDALE</b>		
Venture Rehabilitation Sciences Group 701 100th Street, Tisdale <a href="http://www.venturerehab.ca">www.venturerehab.ca</a>	Ph: 306-873-3744 F:1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
<b>WEYBURN</b>		
Centered Physiotherapy + Yoga 50-3 <sup>rd</sup> St. N.E. Weyburn <a href="http://www.centeredphysio.com">www.centeredphysio.com</a>	Ph: 306-842-3772 F: 306-842-3773	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
<b>YORKTON</b>		
Evolve Functional Rehabilitation & Performance 55 Broadway Ave E Yorkton website TBA	Ph: 306-782-5194 F: 306-782-0311	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
Prairie Physiotherapy 383 Parkview Rd, Yorkton <a href="http://www.prairieviewphysiotherapy.ca">www.prairieviewphysiotherapy.ca</a>	Ph: 306-700-0120 F: 306-700-5012	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
<b>OUT OF PROVINCE SERVICES NEAR SASKATCHEWAN BORDERS</b>		
Alberta Physical Therapy 106 1235 Southview Drive SE, Medicine Hat, AB <a href="http://www.aptcinc.ca">www.aptcinc.ca</a>	Ph: 403-527-9477 F: 403-527-8274	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Theracare Physiotherapy (Co-op Mall) 118 – 3030 13th Avenue SE, Medicine Hat, AB <a href="http://www.theracarephysio.com">www.theracarephysio.com</a>	Ph: 403-488-7888 F: 403-487-5445	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Excel Physical Therapy 568 South Railway St SE #3, Medicine Hat, AB <a href="http://www.excelpt.ca">www.excelpt.ca</a>	Ph: 403-504-1004 F: 403-504-1009	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatrics
Element Physiotherapy 728-18th St Brandon, MB <a href="http://www.elementphysio.ca">www.elementphysio.ca</a>	Ph: 204-728-4466 F: 204-728-9009	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatrics
Physio4U 459 23 <sup>rd</sup> Street, Brandon, MB <a href="http://www.physio4u.net">www.physio4u.net</a>	Ph: 204-725-4066 F: 204-725-0012	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatrics
Dynamic Physiotherapy and Sports Injury Brandon, MB <a href="http://www.dynamicphysio.net">www.dynamicphysio.net</a>	Ph: 204-725-2098 F: 204-725-2314	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women