

Saskatchewan and Area Physical Therapy Clinics Providing Treatment for Pelvic Floor Dysfunction

Limited public physiotherapy programs are available at no cost to the client. The majority of physiotherapy services require direct payment by clients. Fees for physiotherapy services may be covered by private or supplemental health insurance. Please verify with each facility, as this list is subject to change.

This document has been compiled by the Saskatchewan Pelvic Floor Pathway and is updated regularly on our website. Find this and more resources by clicking <https://www.saskhealthauthority.ca/your-health/conditions-diseases-services/pelvic-floor-pathway> or search “SHA Pelvic Floor Pathway” in your web browser.

Only licensed physical therapists with additional training (set out by the provincial College of Physical Therapists) can perform **internal** pelvic floor physical therapy services.

SASKATOON AND AREA		
Craven S.P.O.R.T. Services #3 – 701 2 nd Avenue North, Saskatoon www.cravensportservices.ca	Ph: 306-934-2011 F: 306-934-2012	<input type="checkbox"/> fee for service <input type="checkbox"/> women <input type="checkbox"/> pediatric
Donald Physiotherapy 80 - 3211 Preston Avenue, Saskatoon www.donaldphysiotherapy.com	Ph: 306-933-3372 F: 306-933-3373	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women <input type="checkbox"/> pediatric
Empowered Pelvic Wellness www.empoweredpelvic.ca Saskatoon	Ph: 306-700-3699	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women <input type="checkbox"/> pediatric
Holistic Physiotherapy & Wellness 302-4th Ave, Saskatoon www.holisticphysiowellness.ca	Ph: 306-373-0060 F: 306 373 -0061	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women <input type="checkbox"/> pediatric
Ignite Heath. 1303 Ave P South Saskatoon www.igniteathletics.com	Ph: 306 665-9984 F: 306 665-9966	<input type="checkbox"/> fee for service <input type="checkbox"/> women
Kinetik Rehabilitation - Saskatoon City Hospital 8th Floor, 701 Queen Street Saskatoon www.kinetikrehab.com	Ph: 306 655-8974 F: 306 655-7878	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Lead Integrated Health Therapies 214 Joseph Okemasis Dr. Saskatoon www.leadpilates.com/lead-pelvic-floor-health	Ph: 306-955-5558 F: 306-955-5571	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Lifemark Clinic 8th Street 304 – 3907 8th Street East, Saskatoon www.lifemark.ca/8th-Street	Ph: 306-652-5151 F: 306-652-5153	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Lifemark Clinic Stonebridge 105-203 Stonebridge Blvd, Saskatoon www.lifemark.ca/Stonebridge	Ph: 306-649-2288 F: 306-649-2290	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Mackie Physiotherapy 3012 Arlington Avenue, Saskatoon www.mackiephysio.com	Ph: 306 955-7888	<input type="checkbox"/> fee for service <input type="checkbox"/> women
Movement Chiropractic www.movementchiropractic.ca 3602 Taylor Street East, Saskatoon	Ph: 306-244-6121 F: 306-244-6122	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Myranda Reimer, Strength and Conditioning Physiotherapy, Saskatoon. www.myrandareimer.com	Ph: 306-381-3446 F: 306-500-9986	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Nomad Therapies www.nomadtherapies.ca 100 - 1202 Emerson Avenue, Saskatoon	Ph: 306-382-2939 F: 306-934-2517	<input type="checkbox"/> fee for service <input type="checkbox"/> women
Nova Physiotherapy www.novaphysiotherapysk.com Unit 5, 900 Centennial Boulevard, Warman	Ph: 306-382-3332 F: 306-382-3322	<input type="checkbox"/> fee for service <input type="checkbox"/> women

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Prairie Pelvic Health 619 8th St E, Suite 105, Saskatoon www.prairiepelvichealth.com	Ph: 306 244-0244 F: 306 700 2377	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
Reynolds Physiotherapy 130-2501 Jasper Ave S, Saskatoon www.reynoldspysiotherapy.com	Ph: 306-700-3138 F: 639 630 2119	<input type="checkbox"/> fee for service <input type="checkbox"/> women
Saskatchewan Pelvic Floor Pathway Clinic Saskatoon City Hospital, 701 Queen Street, Saskatoon https://www.saskhealthauthority.ca/your-health/conditions-diseases-services/pelvic-floor-pathway	Ph: 306-655-7901 F: 306-655-7918	<input type="checkbox"/> no cost to patient <input type="checkbox"/> referral required <input type="checkbox"/> women
Saskatoon Pessary Clinic (also provides PT services) Saskatoon www.saskatoonpessaryclinic.com	Ph: 306-912-6269 F: 1-855-915-0292	<input type="checkbox"/> fee for service <input type="checkbox"/> women
Saskatoon Community Clinic (only with referral from within Community Clinic) nd 455 – 2 Avenue North, Saskatoon www.saskatooncommunityclinic.ca	Ph: 306-664-4259 F: 306-975-2188	<input type="checkbox"/> no cost to patient <input type="checkbox"/> referral required <input type="checkbox"/> men & women
Still Physio 201-626 Broadway Ave, Saskatoon. www.stillphysio.ca	Ph: 306-270-5217	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Urology Centre of Health, St. Paul's Hospital 1702 - 20 Street West, Saskatoon Only men having surgery at St Paul's – pre and post prostatectomy	Ph: 306-655-5072 F: 306-655-5082	<input type="checkbox"/> no cost to patient <input type="checkbox"/> referral required <input type="checkbox"/> men
Vangool Wellness & Physiotherapy 3026 Taylor Street E, Saskatoon www.vangoolwellness.com	Ph: 306-242-9355 F: 306-242-9508	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Venture Rehabilitation Sciences Group – Venture Clinic 109 – 294 Venture Crescent, Saskatoon www.venturerehab.ca	Ph: 306-665-1962 F: 1-866-340-0109	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women <input type="checkbox"/> pediatric
Venture Rehabilitation Sciences Group 220 Betts Ave #90, Saskatoon www.venturerehab.ca	Ph: 306-665-1962 F: 1-866-340-0109	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women <input type="checkbox"/> pediatric
Warman Physiotherapy and Wellness 105 Klassen Street, Warman www.warmanphysio.com	Ph: 306-373-9355 F: 306-373-9357	<input type="checkbox"/> fee for service <input type="checkbox"/> women & pediatric
Warman Physiotherapy and Wellness- Saskatoon location Unit #120, 1260 Baltzan Blvd Saskatoon www.warmanphysio.com	Ph: 306-931-9355 F: 306-373-9357	<input type="checkbox"/> fee for service <input type="checkbox"/> women & pediatric
Women's Wellness Physiotherapy 200 15-23rd Street East Saskatoon www.wvphysiotherapy.ca	Ph: 306 954-9939 F: 306 954-9940	<input type="checkbox"/> fee for service <input type="checkbox"/> women
Zone Sports Physiotherapy- Lakeside Centre 140-215 Joseph Okemesis Drive, Saskatoon www.zonesportspt.com	Ph: 306 477-ZONE (9663) F: 306 477-9664	<input type="checkbox"/> fee for service <input type="checkbox"/> women

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REGINA AND AREA		
Brownstone Health 1455 Rose Street, Regina www.brownstonehealth.ca	Ph: 306-779-1275 F: 306-779-1276	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Emerald Physiotherapy and Rehabilitation (Maternity & Wellness Clinic) 606 Victoria Ave Regina www.emeraldphysio.ca	Ph: 306-347-1999 F: 306-347-1998	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Haas Physical Therapy 336 Great Plains Rd, Emerald Park www.haasphysicaltherapy.ca	Ph: 306-559-5676 F: 306-559-5637	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Haas Physical Therapy 4535 Rochdale Blvd, Regina www.haasphysicaltherapy.ca	Ph: 306-559-6469 F: 306-559-6483	<input checked="" type="checkbox"/> fee for service <input type="checkbox"/> men & women
Lifemark Regina Sports and Physiotherapy Clinic 1524 Albert Street, Regina www.reginaphysio.com	Ph: 306-522-4995 F: 306-352-1735	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Stapleford Health and Rehab Centre 1712 Badham Blvd, Regina www.staplefordhealth.ca	Ph: 306-543-0990 F: 306-545-5634	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women <input type="checkbox"/> pediatric
Saskatchewan Pelvic Floor Pathway Clinic Regina Centre Crossing, 1621 Albert Street, Suite 102, Regina. https://www.saskhealthauthority.ca/your-health/conditions-diseases-services/pelvic-floor-pathway	Ph: 306-766-0482 F: 306-766-7551	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input checked="" type="checkbox"/> women
ESTEVAN		
St. Joseph's Hospital, Therapies Department 1176 Nicholson Road, Estevan	Ph: 306-637-2410 F: 306-637-2485	<input type="checkbox"/> no cost to patient <input type="checkbox"/> women
FOAM LAKE		
Funk Physio (a mobile practice), Foam Lake https://funkphysio.janeapp.com/#staff_member/1	Ph: 604-992-3109	<input type="checkbox"/> fee for service <input type="checkbox"/> women
HUMBOLT		
Evolve Chiropractic 540B 7th Street Humboldt www.evolvechiropractic.ca	Ph: 306-682-8282 F: 306-682-8283	<input type="checkbox"/> fee for service <input type="checkbox"/> women
Humbolt Therapy Centre 521 7th Street, Humboldt https://www.humboldttherapycentre.ca/index.php	Ph: 306-682-6610 F: 306-682-6636	<input type="checkbox"/> fee for service <input type="checkbox"/> women
KINDERSLEY and AREA		
Prairieside Physiotherapy, serving Alsask and Kindersley. prairiesidephysio.janeapp.com	Ph: 306-968-7291 F: 306-968-7298	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
LA RONGE and AREA		
La Ronge Saskatchewan Health Authority Physical Therapy Department, also serving Sandy Bay Health Centre and Pinehouse Health Centre	Ph: 306-425-8504 F: 306-425-5173	<input type="checkbox"/> no cost to patient <input type="checkbox"/> women
LLOYDMINSTER		
Lloydminster Hospital, Therapies Department, Saskatchewan Health Authority Suite 107, Prairie North Plaza, Lloydminster	Ph: 306-820-6055 F: 306-820-6165	<input type="checkbox"/> no cost to patient <input type="checkbox"/> referral required <input type="checkbox"/> men & women

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MEADOW LAKE		
Elevation Health, 307 Centre Street, Meadow Lake www.elevationhealth.net	Ph: 780-594-9177 F: 780 594 9178	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women <input type="checkbox"/> pediatric
Meadow Physiotherapy 101 2nd Street W, Meadow Lake www.meadowphysiotherapy.ca	Ph: 306-304-5040 F: 844-509-0532	<input type="checkbox"/> fee for service <input type="checkbox"/> women & pediatrics
MELFORT		
Parkland Place, Saskatchewan Health Authority 402 Bemister Ave East, Melfort	Ph: 306-752-1750 F: 306-752-7006	<input checked="" type="checkbox"/> no cost to patient <input type="checkbox"/> men & women
MOOSE JAW		
Highland Rehabilitation Centre #3-58 Highland Road, Moose Jaw. www.highlandrehab.ca	Ph: 306-693-2893 F: 639-739-2169	<input type="checkbox"/> fee for service <input type="checkbox"/> women
Moose Jaw Physical Rehabilitation 15 Thatcher Drive, Moose Jaw www.mjphysicalrehab.com	Ph: 306-693-0545 F: 306 693-0521	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
NIPAWIN		
Nipawin Hospital, Community Services- Therapy Department Saskatchewan Health Authority 800 6th St E, Nipawin	Ph: 306-862-9822 F: 306 862-3250	<input checked="" type="checkbox"/> no cost to patient <input type="checkbox"/> women
NORTH BATTLEFORD AND AREA		
Battlefords Union Hospital, 1092- 107th Street, North Battleford	Ph: 306-446-6600 F: 306-446-6044	<input checked="" type="checkbox"/> no cost to patient <input type="checkbox"/> men & women
CBI Physical Rehabilitation Centre 9800 Territorial Drive, North Battleford www.cbi.ca/web/physiotherapy-north-battleford-territorial	Ph: 306-446-5670 F: 306-446-5671	<input type="checkbox"/> fee for service <input type="checkbox"/> women
Northwest Wellness 172 Main Street, Glaslyn https://northwestwellness.embodiaapp.com/patient_portal	Ph: 306-321-4121 F: 306-352-1803	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Unity and District Health Centre, Airport Road, Unity (Also services Kerrobert and area)	Ph: 228 2666 ex 2984 F: 306 228 2292	<input checked="" type="checkbox"/> no cost to patient <input type="checkbox"/> men & women
OUTLOOK		
Sim Physiotherapy 209 Saskatchewan Ave E, Outlook www.simphysio.com	Ph: 306-867-2088 F: 306-867-2098	<input type="checkbox"/> fee for service <input type="checkbox"/> women
PRINCE ALBERT		
Freedom Physiotherapy & Consultants 13-2685 2nd Avenue West, Prince Albert www.freedomphysio.ca	Ph: 306-763-2322 F: 306-763-2320	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women
Physio Fit Therapy & Fitness 365-36th Street West, Prince Albert www.physiofitpa.net	Ph: 306-764-3479 F: 306-764-3479	<input type="checkbox"/> fee for service <input type="checkbox"/> men & women <input type="checkbox"/> pediatric
ROSTHERN		
Rosthern Hospital, Therapies Department. 2016 2nd Street, Rosthern	Ph: 306-232-9608 F: 1-855-619-4920	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> referral required <input type="checkbox"/> women & men

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SWIFT CURRENT		
Central Avenue Physiotherapy 302 Central Avenue North, Swift Current www.achesandsprains.ca	Ph: 306-773-8313 F: 306-773-8316	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatric
STRIDE Physio & Performance 220 1st Avenue NW, Swift Current www.hityourstride.ca	Ph: 306-778-7770 F: 306-778-7710	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
TISDALE		
Tisdale Community Health Services 600-110th Ave, Tisdale	Ph: 306-873-8282 F: 306-878-2168	<input checked="" type="checkbox"/> no cost to patient <input checked="" type="checkbox"/> men & women
Venture Rehabilitation Sciences Group 701 100th Street, Tisdale www.venturerehab.ca	Ph: 306-873-3744 F: 1-866-340-0109	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
WEYBURN		
Centered Physiotherapy + Yoga 50-3rd St. N.E. Weyburn www.centeredphysio.com	Ph: 306-842-3772 F: 306-842-3773	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women
YORKTON		
Evolve Functional Rehabilitation & Performance, 95 Broadway Ave East, Yorkton www.evolveyorkton.ca	Ph: 306-842-3772 F: 306-842-3773	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Prairie Physiotherapy 383 Parkview Rd, Yorkton www.prairieviewphysiotherapy.ca	Ph: 306-700-0120 F: 306-700-5012	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
ProActive Physiotherapy 2 - 279 Hamilton Rd, Yorkton www.proactive-physio.janeapp.com	Ph: 306-620-6940 F: 1-833-411-1292	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> women

OUT OF PROVINCE SERVICES NEAR SASKATCHEWAN BORDERS		
Alberta Physical Therapy 106 1235 Southview Drive SE, Medicine Hat, AB www.aptcinc.ca	Ph: 403-527-9477 F: 403-527-8274	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Theracare Physiotherapy (Co-op Mall) 118 – 3030 13th Avenue SE, Medicine Hat, AB www.theracarephysio.com	Ph: 403-488-7888 F: 403-487-5445	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women
Excel Physical Therapy 568 South Railway St SE #3, Medicine Hat, AB www.excelpt.ca	Ph: 403-504-1004 F: 403-504-1009	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatrics
Element Physiotherapy 728-18th St Brandon, MB www.elementphysio.ca	Ph: 204-728-4466 F: 204-728-9009	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatrics
Physio4U 459 23 Street, Brandon, MB www.physio4u.net	Ph: 204-725-4066 F: 204-725-0012	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women <input checked="" type="checkbox"/> pediatrics
Dynamic Physiotherapy and Sports Injury Brandon, MB www.dynamicphysio.net	Ph: 204-725-2098 F: 204-725-2314	<input checked="" type="checkbox"/> fee for service <input checked="" type="checkbox"/> men & women