SASKATCHEWAN AND AREA PHYSICAL THERAPY CLINICS
PROVIDING TREATMENT FOR PELVIC FLOOR DYSFUNCTION
(This list is not definitive and is subject to change.)

All licensed physical therapists are able to provide external pelvic assessment and treatment. Please check with your physical therapist to see if they are further qualified by the standards of their provincial College of Physical Therapists to perform internal pelvic floor services.

Limited public physiotherapy programs are available at no cost to the client. These programs may require a physician’s referral. The majority of physiotherapy services require direct payment by clients. Fees for physiotherapy services may be covered by private or supplemental health insurance. Please verify with each facility, as this list is subject to change.

This document has been compiled with the help of the Saskatchewan Pelvic Floor Pathway. Find more resources at www.saskhealthauthority.ca/Services-Locations/patient-pathways/Pages/Pelvic-Floor-Pathway.aspx or search for “SHA Sask Pelvic Floor Pathway” in your web browser.

<table>
<thead>
<tr>
<th>SASKATOON AND AREA</th>
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</table>
| **Armstrong’s Physiotherapy Clinic – Stonebridge**  
#23 - 118 Cope Crescent, Saskatoon  
[www.armstrongphysio.com](http://www.armstrongphysio.com)  
Ph: 306-653-3838  
F: 306-343-1788  
☐ fee for service  
☐ women |
| **CBI Physical Rehabilitation, Saskatoon Preston Centre**  
#108, 2100 8th St. E  
[www.cbi.ca/web/physiotherapy-saskatoon-2100-8th-east](http://www.cbi.ca/web/physiotherapy-saskatoon-2100-8th-east)  
Ph: 306-664-3604  
F: 306-664-3605  
☐ fee for service  
☐ men & women |
| **Craven S.P.O.R.T. Services**  
#3 – 701 2nd Avenue North, Saskatoon  
[www.cravensportservices.ca](http://www.cravensportservices.ca)  
Ph: 306-934-2011  
F: 306-934-2012  
☐ fee for service  
☐ men & women  
☐ pediatric |
| **Donald Physiotherapy**  
80 - 3211 Preston Avenue, Saskatoon  
[www.donaldphysiotherapy.com](http://www.donaldphysiotherapy.com)  
Ph: 306-933-3372  
F: 306-933-3373  
☐ fee for service  
☐ men & women  
☐ pediatric |
| **Empowered Pelvic Wellness**  
[www.empoweredpelvic.ca](http://www.empoweredpelvic.ca)  
Saskatoon  
Ph: 306-700-3699  
F: 306 373-0061  
☑ fee for service  
☐ men & women  
☐ pediatric |
| **Holistic Physiotherapy & Wellness**  
302-4th Ave, Saskatoon  
[www.holisticphysiowellness.ca](http://www.holisticphysiowellness.ca)  
Ph: 306-373-0060  
☐ fee for service  
☐ men & women |
| **Kinetik Rehabilitation - Saskatoon City Hospital**  
8th Floor, 701 Queen Street  
Saskatoon  
[www.kinetikrehab.com](http://www.kinetikrehab.com)  
Ph: 306 655-8974  
F: 306 655-7878  
☑ fee for service  
☐ men & women |
| **Lead Integrated Health Therapies**  
214 Joseph Okemasis Dr  
Saskatoon  
[www.leadpilates.com/lead-pelvic-floor-health](http://www.leadpilates.com/lead-pelvic-floor-health)  
Ph: 306-955-5558  
F: 306-955-5571  
☑ fee for service  
☐ men & women |
| **Lifemark Clinic 8th Street**  
304 – 3907 8th Street East, Saskatoon  
[www.lifemark.ca/8th-Street](http://www.lifemark.ca/8th-Street)  
Ph: 306-652-5151  
F: 306-652-5153  
☐ fee for service  
☐ men & women |
| **Lifemark Clinic Stonebridge**  
105-203 Stonebridge Blvd, Saskatoon  
[www.lifemark.ca/Stonebridge](http://www.lifemark.ca/Stonebridge)  
Ph: 306-649-2288  
F: 306-649-2290  
☐ fee for service  
☐ men & women |
| **Mackie Physiotherapy**  
3012 Arlington Avenue, Saskatoon  
[www.mackiephysio.com](http://www.mackiephysio.com)  
Ph: 306 955-7888  
☐ fee for service  
☐ women |
| **Myranda Reimer, Strength and Conditioning Physiotherapy**  
[www.myrandareimer.com](http://www.myrandareimer.com)  
Ph: 306-381-3446  
F: 306-500-9986  
☐ fee for service  
☐ men & women  
☐ women |
| **Nomad Therapies**  
100 - 1202 Emerson Avenue, Saskatoon  
[www.nomadtherapies.ca](http://www.nomadtherapies.ca)  
Ph: 306-382-2939  
F: 306-934-2517  
☑ fee for service  
☐ women |
| **Prairie Pelvic Health**  
619 8th St E, Suite 105, Saskatoon  
[www.prairiepelvichealth.com](http://www.prairiepelvichealth.com)  
Ph: 306 244-0244  
F: 306 700 2377  
☑ fee for service  
☐ men & women  
☐ pediatric |
## Saskatchewan and Area Physical Therapy Clinics

### Providing Treatment for Pelvic Floor Dysfunction

<table>
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<tr>
<th>Clinic Name</th>
<th>Address</th>
<th>Website</th>
<th>Phone Numbers</th>
<th>Fees and Services</th>
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</thead>
<tbody>
<tr>
<td>Reynolds Physiotherapy - Market Mall</td>
<td>175-2325 Preston Ave, Saskatoon</td>
<td><a href="http://www.reynoldsphysiotherapy.com">www.reynoldsphysiotherapy.com</a></td>
<td>Ph: 306-700-3138 F: 639 630 2119</td>
<td>☑️ fee for service  ☑️ women</td>
</tr>
<tr>
<td>Saskatchewan Pelvic Floor Pathway Clinic</td>
<td>Saskatchewan City Hospital, 701 Queen Street, Saskatoon</td>
<td><a href="http://www.saskhealthauthority.ca">www.saskhealthauthority.ca</a></td>
<td>Ph: 306-655-7901 F: 306-655-7918</td>
<td>☑️ no cost to patient  ☑️ referral required  ☑️ women</td>
</tr>
<tr>
<td>Saskatoon Pessary Clinic (also provides PT services)</td>
<td>Saskatoon</td>
<td><a href="http://www.saskatoonpessaryclinic.com">www.saskatoonpessaryclinic.com</a></td>
<td>Ph: 306-912-6269 F: 1-855-915-0292</td>
<td>☑️ fee for service  ☑️ women</td>
</tr>
<tr>
<td>Saskatoon Community Clinic (only with referral from within community clinic)</td>
<td>455 – 2nd Avenue North, Saskatoon</td>
<td></td>
<td>Ph: 306-664-4259 F: 306-975-2188</td>
<td>☑️ no cost to patient  ☑️ referral required  ☑️ men &amp; women</td>
</tr>
<tr>
<td>Still Physio</td>
<td>201-626 Broadway Ave, Saskatoon</td>
<td><a href="http://www.stillphysio.ca">www.stillphysio.ca</a></td>
<td>Ph: 306-270-5217</td>
<td>☑️ fee for service  ☑️ men &amp; women</td>
</tr>
<tr>
<td>Urology Centre of Health, St. Paul’s Hospital</td>
<td>Men only – pre and post prostatectomy 1702 - 20th Street West, Saskatoon</td>
<td></td>
<td>Ph: 306-655-5072 F: 306-655-5082</td>
<td>☑️ no cost to patient  ☑️ referral required  ☑️ men</td>
</tr>
<tr>
<td>Warman Physio- Saskatoon</td>
<td>Unit #120,1260 Baltzan Blvd, Saskatoon</td>
<td><a href="http://www.warmanphysio.com">www.warmanphysio.com</a></td>
<td>Ph: 306-931-9355 F: 306-373-9357</td>
<td>☑️ fee for service  ☑️ women &amp; pediatric</td>
</tr>
<tr>
<td>Women's Wellness Physiotherapy</td>
<td>200 15-23rd Street East, Saskatoon</td>
<td><a href="http://www.wphysiotherapy.ca">www.wphysiotherapy.ca</a></td>
<td>Ph: 306 954-9939 F: 306 954-9940</td>
<td>☑️ fee for service  ☑️ women</td>
</tr>
</tbody>
</table>

### Regina and Area

<table>
<thead>
<tr>
<th>Clinic Name</th>
<th>Address</th>
<th>Website</th>
<th>Phone Numbers</th>
<th>Fees and Services</th>
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<tbody>
<tr>
<td>Location</td>
<td>Clinics</td>
<td>Address/Contact Information</td>
<td>Fees/Requirements</td>
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</tbody>
</table>
|                | **Stapleford Physiotherapy**                                            | 1712 Badham Blvd, Regina [www.staplefordhealth.ca](http://www.staplefordhealth.ca) | Ph: 306-543-0990  
F: 306-545-5634  
☑️fee for service  
☑️men & women  
☑️pediatric |
|                | **Saskatchewan Pelvic Floor Pathway Clinic**                          | Regina Centre Crossing, 1621 Albert Street, Suite 102, Regina [www.saskhealthauthority.ca/Services-Locations/patient-pathways/Pages/Pelvic-Floor-Pathway.aspx](http://www.saskhealthauthority.ca/Services-Locations/patient-pathways/Pages/Pelvic-Floor-Pathway.aspx) | Ph: 306-766-0482  
F: 306-766-7137  
☑️no cost to patient  
☑️referral required  
☑️women |
F: 306-975-0109  
1-866-340-0109  
☑️fee for service  
☑️men & women  
☑️pediatric |
|                | **ESTEVAN**                                                             | St. Joseph’s Hospital, Therapies Department                       | Ph: 306-637-2410  
F: 306-637-2485  
☑️no cost to patient  
☑️women |
|                | **LA RONGE and AREA**                                                  | La Ronge Saskatchewan Health Authority Physical Therapy Department | Ph: 306-425-8504  
F: 306-425-5173  
☑️no cost to patient  
☑️women |
|                | **LLOYDMINSTER**                                                       | Lloydminster Hospital, Therapies Department                      | Ph: 306-820-6055  
F: 306-820-6165  
☑️no cost to patient  
☑️referral required  
☑️men & women |
|                | **MOOSE JAW**                                                          | Moose Jaw Physical Rehabilitation                                | Ph: 306-693-0545  
F: 306-693-0521  
☑️fee for service  
☑️men & women |
|                | Dr. F. H. Wigmore Regional Hospital, Moose Jaw                         | 55 Diefenbaker Drive, Moose Jaw                                  | Ph: 306-694-0201  
F: 306-694-8710  
☑️no cost to patient  
☑️referral required  
☑️men & women |
|                | **NORTH BATTLEFORD**                                                   | Venture Rehabilitation Sciences Group                           | Ph: 306-665-1962  
F: 306-975-0109  
1-866-340-0109  
☑️fee for service  
☑️men & women  
☑️pediatric |
F: 306-446-5671  
☑️fee for service  
☑️women |
|                | Primary Health Centre – North Battleford Medical Clinic                | 101 – 11427 Railway Avenue, North Battleford                     | Ph: 306-446-6459  
F: 306-446-6432  
☑️no cost to patient  
☑️referral required  
☑️women |
|                | **OUTLOOK**                                                            | Sim Physiotherapy                                               | Ph: 306-867-2088  
F: 306-867-2098  
☑️fee for service  
☑️women |
F: 306-763-2320  
☑️fee for service  
☑️men & women |
# Saskatchewan and Area Physical Therapy Clinics

Providing Treatment for Pelvic Floor Dysfunction

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<tr>
<td><strong>SASKATOON</strong></td>
<td>Physio Fit Therapy &amp; Fitness 365-36th Street West, Prince Albert</td>
<td>Ph: 306-764-3479 F: 306-764-3479</td>
<td>☑️fee for service ☑️men &amp; women</td>
</tr>
<tr>
<td><strong>PRINCE ALBERT</strong></td>
<td>Physio Fit Therapy &amp; Fitness 365-36th Street West, Prince Albert</td>
<td>Ph: 306-764-3479 F: 306-764-3479</td>
<td>☑️fee for service ☑️men &amp; women</td>
</tr>
<tr>
<td><strong>SWIFT CURRENT</strong></td>
<td>Central Avenue Physiotherapy 302 Central Avenue North, Swift Current</td>
<td>Ph: 306-773-8313 F: 306-773-8316</td>
<td>☑️fee for service ☑️men &amp; women</td>
</tr>
<tr>
<td><strong>TISDALE</strong></td>
<td>Venture Rehabilitation Sciences Group 701 100th Street, Tisdale</td>
<td>Ph: 306-873-3744 F: 1-866-340-0109</td>
<td>☑️fee for service ☑️men &amp; women</td>
</tr>
<tr>
<td><strong>WEYBURN</strong></td>
<td>Centered Physiotherapy + Yoga 50-3rd St. N.E. Weyburn</td>
<td>Ph: 306-842-3772 F: 306-842-3773</td>
<td>☑️fee for service ☑️women</td>
</tr>
<tr>
<td><strong>YORKTON</strong></td>
<td>Evolve Functional Rehabilitation &amp; Performance 55 Broadway Ave E Yorkton</td>
<td>Ph: 306-782-5194 F: 306-782-0311</td>
<td>☑️fee for service ☑️women</td>
</tr>
<tr>
<td><strong>OUT OF PROVINCE SERVICES NEAR SASKATCHEWAN BORDERS</strong></td>
<td>Prarie Physiotherapy 383 Parkview Rd, Yorkton</td>
<td>Ph: 306-700-0120 F: 306-700-5012</td>
<td>☑️fee for service ☑️men &amp; women</td>
</tr>
<tr>
<td>Alberta Physical Therapy 106 1235 Southview Drive SE, Medicine Hat, AB</td>
<td>Ph: 403-527-9477 F: 403-527-8274</td>
<td>☑️fee for service ☑️men &amp; women</td>
<td></td>
</tr>
<tr>
<td>Theracare Physiotherapy (Co-op Mall) 118 – 3030 13th Avenue SE, Medicine Hat, AB</td>
<td>Ph: 403-488-7888 F: 403-487-5445</td>
<td>☑️fee for service ☑️men &amp; women</td>
<td></td>
</tr>
<tr>
<td>Excel Physical Therapy 568 South Railway St SE #3, Medicine Hat, AB</td>
<td>Ph: 403-504-1004 F: 403-504-1009</td>
<td>☑️fee for service ☑️men &amp; women ☑️pediatrics</td>
<td></td>
</tr>
<tr>
<td>Element Physiotherapy 728-18th St Brandon, MB</td>
<td>Ph: 204-728-4466 F: 204-728-9009</td>
<td>☑️fee for service ☑️men &amp; women ☑️pediatrics</td>
<td></td>
</tr>
<tr>
<td>Physio4U 459 23rd Street, Brandon, MB</td>
<td>Ph: 204-725-4066 F: 204-725-0012</td>
<td>☑️fee for service ☑️men &amp; women ☑️pediatrics</td>
<td></td>
</tr>
<tr>
<td>Dynamic Physiotherapy and Sports Injury Brandon, MB</td>
<td>Ph: 204-725-2098 F: 204-725-2314</td>
<td>☑️fee for service ☑️men &amp; women</td>
<td></td>
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