



This checklist may help you to organize your thoughts, wishes, and actions when thinking about and planning your medical assistance in dying provision. Everyone’s planning will be unique; some people keep the details quite simple, while others wish to include more detail.

You can use this checklist by yourself, or discuss it with family or friends. The Provincial MAID Program team can help you plan your MAID provision.

Remember, you have the right to change your mind up until the moment before the medications are given. You can withdraw your request for MAID completely, change provision to another day, or pause provision without another date in mind.

Important details that must be decided and organized with the Provincial MAID Program

Date of Provision: _____ Time of Provision: _____

Location of Provision: _____

Funeral Home: _____

Above details discussed with a member of the Provincial MAID Program: Yes _____

MAID Program Phone number: 1-833-473-6243

MAID Program Email: provincialMAIDprogram@saskhealthauthority.ca

Who will be part of your medical assistance in dying provision and in what ways

Person/People helping you plan: _____

Who will be present (family, friends, children, spiritual support, etc.): _____

People who will not physically be in the room and are going to be present using audio or visual technology:

Other ways those not present can participate (having someone read a message they wrote or recorded, having a special object in their place, a picture to be with you, etc.): _____



Set up of your space (where you want to be lying, where you want people in the room-on your bed, sitting beside you, lying with you, holding your hand or touching you, out of your view, etc.): _____

Special requests/rituals:

Food/meal: _____

Drink: _____

Special pictures, objects, comforts: _____

Clothing, jewellery you want wear or hold: _____

Special bedding (pillows, blankets): _____

Readings/prayers and by who: _____

Final words (saying goodbye, expressing love): _____

Music (having music can sometimes lessen the heaviness of the moment when the medications are provided and when death occurs): _____

Other requests/rituals/ceremonies: _____



After your medical assistance in dying death– considerations for those present:

How much time with your body for special rituals, goodbyes, comforting each other: _____

Who will remain with your body until the funeral home arrives and brings your body into their care: _____

Special instructions for your family in terms of caring for your personal belongings in the room: _____

Other ideas, thoughts, wishes:



