

# What is an urgent care centre?

An urgent care centre provides patients access to health care for urgent but non-life-threatening illnesses and injuries that need care as soon as possible, often on the same day. It is also available for those needing immediate support for confidential and discreet mental health and addictions services. In urgent care, the sickest patients should be seen first, not necessarily in order of arrival. Patients at the Regina Urgent Care Centre (UCC) will always be assessed.

## Common reasons to visit the Regina UCC include:

- minor strains, sprains and suspected limb fractures;
- infections, cuts, burns and rashes;
- asthma;
- pain;
- mental health and addictions support;
- fevers, sore throats and ear aches;
- stomach pain or discomfort; and
- suspected dehydration.



Cuts or Burns



Serious Flu-like Symptoms



Minor Eye Injuries



Mental Health and Addictions



Abdominal Pain



Sprains or Breaks

**If you are experiencing chest pain, breathing problems or if this is an emergency, CALL 911 IMMEDIATELY to help get you to the closest emergency department.**

### Healthy People, Healthy Saskatchewan

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.



[saskhealthauthority.ca](https://saskhealthauthority.ca)