

PAIN MANAGEMENT IN THE CONTEXT OF HYPERMOBILITY SPECTRUM DISORDERS

Chiropractic Rounds

Department of Family Medicine
Division of Chiropractic

**Tuesday,
October 8th, 2024
6:30-7:30pm
WEBINAR**

All are
invited
to join



Chiropractors'
Association of
Saskatchewan



Presenter:

**Dr Melissa Holowaty,
MD, PhD, CCRP(AM), MSc**

Dr Melissa Holowaty, MD, PhD, CCRP(AM), MSc is a family physician with special interests in chronic pain, substance use and mental health. She currently heads the Saskatoon Chronic Pain Service, a consultation based service offering in depth assessment and treatment options, as well as providing patients directly with psychoeducation and connections to other supports. She is a graduate of the University of Toronto Medicine Program, completing both her Doctoral thesis in Molecular Genetics as well as her family medicine residency in Toronto. Her Masters degree from the University of Maryland is within the area of Palliative Care. She has completed the Integrated Structural Acupuncture course for Physicians from the University of New England, and is certified in both Mindfulness Based Chronic Pain Management and as a yoga instructor.

Hypermobility Spectrum Disorders have a documented prevalence of 0.17%, but can make up 30% of the patients presenting to tertiary pain centers. They are thought to be underdiagnosed and underappreciated within the chronic pain space. Screening for and awareness of these connective tissue disorders causing joint hypermobility, instability, injury, and pain can inform education and treatment plans early on and make a large difference in patient quality of life and healthcare relationships.

Participants will need to sign up at the link below and then once they have registered, they will receive a link to access the webinar on October 8th at 6:30pm.

https://us02web.zoom.us/meeting/register/tZUqdu2oqj0tGND_9UEzxbr-HrXsKwM3iY1I