Who do we serve?

Female Caregivers and their children, ages 0-12 years, where childcare is a barrier to accessing addictions treatment.

Caregivers who currently have custody of their children, are actively parenting and living with their children prior to being admitted to the Family Treatment Centre.

Part of the process in healing from trauma, like recovering from addiction, is developing connection and support with others.
~ Dr Stephanie Covington ~

We are an 8 Family Facility With a Continuous Intake
Referrals are made to our intake coordinator through a community Mental Health & Addictions Case Manager who is able to coordinate a continuum of care for the client before, during and after their stay at FTC.

Priority will be given to expectant caregivers

For information regarding our referral packages please call:

306-765-6375

Family Treatment Centre will only consider applicants that have a valid Saskatchewan Health Services Number

Family Treatment Centre | SaskHealthAuthority

saskhealthauthority.ca

Family Treatment Centre

1200- 24th Street West
Prince Albert, SK
S6V 5T4
Telephone: 306-765-6375
Fax: 306-763-4670

Saskatchewan Health Authority

About Us:

The Family Treatment Centre is a six week inpatient addictions program for female caregivers and their children. Our program is trauma informed and is designed to anchor the family to a healthier way of life through healing and empowerment. FTC is for women who are motivated to stop the cycle of substance misuse in their family.

The goal for treatment is to support clients while they learn the skills and gather the information they need to successfully manage their addiction so that it does not have a negative impact on their lives and the lives of their children.

Our case management approach covers the holistic teaching of 4 key elements of recovery which includes the spiritual, emotional, mental and physical health of our caregivers and their children.

What to Expect:

Our daily schedule consists of both individual and family programming on Monday-Friday from 9:00-4:45 & Tuesday-Thursday from 6:00-8:00.

On weekends, families enjoy daily leave passes to shop for essentials or visit loved ones. They can also remain in the centre to enjoy quality family time.

24hour staffing is available to support our caregivers with parenting routines and possible challenges.

At FTC Caregivers and children have specialized living quarters which allows families to live together as a single family unit.

Safe Community:

At FTC our goal is to maintain a safe and secure environment for our families who are healing. We ask that everyone is treated with respect.

We are a Saskatchewan Health Authority facility therefore, we ensure a confidential environment. We also ensure the secure collection and storage of all personal health information.

Programming Fundamentals:

Family Treatment Centre is proud to offer programing developed by Dr. Stephanie Covington as the foundation of our teachings. Dr. Covington is a pioneer in the fields of addiction, trauma, and recovery. She has developed innovative, gender-responsive, and trauma-informed material.

Other Group Programming Offered:

Parenting
Grief and loss
Culture and Spirituality
Relapse Prevention
Recreation and Exercise
12 Step Meetings
Anger Management
Therapeutic Crafts
Life Skills
Codependency
Family Attachment
Self-Care
Health Education

1 to 1 Programming Offered:

Counseling
On-Site Health Services including Care from a Registered Nurse and Nurse Practitioner
Recovery and Discharge Planning

Services for Children

On-site Childcare Services
On-Site Education for ages 6-12