

ARE YOU AT RISK

For Chronic Obstructive Pulmonary Disease (COPD)?

COPD affects more than 200 million people worldwide.

Are you:

- a.40 years of age or older? AND
- b.Are you a current smoker or ex-smoker?

If you answered yes to A and B, please read and answer the following questions.

- c.Do you cough regularly?
- d.Do you cough up phlegm regularly?
- e.Do simple chores make you short of breath?
- f. Do you wheeze when you exert yourself, or at night?
- g.Do you get frequent colds that last longer than those around you?

**If you answered YES to A and B plus
one or more questions C through G,
talk to your doctor or healthcare provider about COPD.**



**Saskatchewan
Health Authority**

Healthy People, Healthy Saskatchewan

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.



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