

What to do after a Dialysis Needle “Blows”

What will the nurse do?

- Remove your needle.
- Hold pressure for 10 to 15 minutes.
- Place a regular bandage on your poke site.
- Place ice on the affected area. Do not leave on for more than 10 minutes at a time.



What can I do after leaving treatment?

- Ice your arm for 10 minutes at a time for the first full day. Do not place ice directly on your skin!
- After the first full day, alternate warm and cold packs for 10 minutes each at a time as tolerated. Do this until any bruising subsides.
- Take only acetaminophen (Tylenol®) for discomfort as directed.
- Swelling and some redness may occur. Bruising may be very noticeable and painful. Ask your dialysis nurse if you are unsure about your symptoms.

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