

Cooking Programs

Regina and Surrounding Area

Al Ritchie Community Association

- 250 Lindsay Street
- 306-352-3930
- www.alritchie.org
- Families with kids ages 0 to 6 years.

Al Ritchie Heritage Community Health Centre

- 1550 14th Avenue
- 306-766-6320
- Adults, Al Ritchie and Heritage Community residents given priority

Break Free Ministries

- 766 Angus Street
- 306-565-3113
- breakfreeoutreach.ca
- North Central residents (adult and children programming)



Early Years Family Resource Centre

- 3079 5th Avenue
- 306-520-7979
- reginakids.ca
- Preschool aged children and parents.



East View Community Centre

- 615 6th Avenue
- 306-525-4757
- Children and teens 8 to 15 years

Four Directions Community Health Centre

- 1504 Albert Street
- 306-766-0200 and press option 4
- Community kitchens and cooking groups are offered for program participants.
- Preschool aged children and parents

Heritage Community Association

- 100-1654 11th Avenue
- 306-757-9952
- Youth 9 to 12 years

REACH

- 1350 Osler Street
- 306-347-3224
- After school cooking classes offered to several elementary schools and community organizations

Schoolhaus Culinary Arts

- 2171-B Lorne Street (Tangerine)
- 306-543-2665
- Schoolhausculinaryarts.ca
- Variety of cooking and baking classes offered throughout the year.
 Check website for cost.



