

## Our Goal

To ensure Saskatchewan residents have access to high-quality addiction treatment, regardless of where they live.

## What We Do

Our team provides holistic care for individuals with substance use disorder that includes:

- **Timely Assessment** and same-day prescriptions (e.g. Buprenorphine, Naltrexone)
- **Virtual Appointments** with physicians, nurses, and counsellors
- **Screening** for general health care concerns, including access to routine screening and preventive services
- **Brief Counselling** and connection to community supports
- **Stabilization and transition** to local care when possible
- **Culturally-safe and trauma informed care** for all clients

## What is VAAM?

The virtual access to addiction medicine (VAAM) program offers seamless access to prescribers, nurses and addiction counsellors for Saskatchewan residents, ensuring they receive life-saving medications and treatments.

## Who Can Access VAAM?

Individuals can call the VAAM program directly to connect with supports. No medical referral is necessary.

VAAM is open to individuals who:

- Live in Saskatchewan
- Are **18 years or older**
- Want help with **opioid, alcohol, stimulant, or benzodiazepine use**
- Are open to discussing treatment options, including medication
- Do not have a prescriber for their addiction concerns

### Connect with Us:

**Phone:** 1-844-449-8226

**Email:**

VAAM@saskhealthauthority.ca



Saskatchewan  
Health Authority

*Healthy People, Healthy Saskatchewan*

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Metis People.

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[saskhealthauthority.ca](http://saskhealthauthority.ca)