

LIVING KIDNEY DONATION

What is Living Kidney Donation?

Living kidney donation is when a healthy person gives one of their kidneys to someone who needs a transplant. The donor can live a normal life with one kidney, and the person receiving the kidney gets a chance to feel better.



Types of living donation

- **Directed Donation:** a donor—a family member, friend, or even a stranger—gives their kidney directly to you if they are a good match.
- **Non-directed anonymous donation (NDAD):** A donor gives their kidney to help someone they don't know. They stay anonymous, and the transplant team picks the best match for the kidney.
- **Kidney Paired Donation (KPD):** If someone wants to donate to you but isn't a match, you can join the KPD program. They donate their kidney to someone else, and you get a kidney from another donor who matches you. This helps more people get transplants.

What to know about living donation

- **Faster transplant:** A living donor kidney can mean getting a transplant more quickly.
- **Planned Surgery:** The transplant can be scheduled at a good time for both donor and recipient, so you can prepare together.
- **Possible shorter dialysis time:** The recipient might need dialysis for less time or not at all, depending on when the transplant happens.



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