



Call your Hemodialysis Unit or go to your nearest Emergency Department if you have any of the following:

- temperature greater than 38°C (100°F) or fever and chills
- excessive bleeding or discharge around your catheter site
- sudden swollen face, neck or limb.

Vascular Access Nurse

Monday to Friday

7:00 a.m. to 4:00 p.m.

Regina 306-766-4209

Saskatoon 306-655-5482

For 24 hour professional health advice and information, call:



PERSONAL HYGIENE:

- Keep dressings dry and intact.
- You may shower 48 hours after the catheter is removed. You can leave the bandage off if there is no more drainage, unless your healthcare provider tells you otherwise.

ACTIVITY:

- **Do not** lay flat until the evening of the day you had your catheter removed.
- **Do not** lift or do strenuous exercise for 48 hours.
- You may return to normal activities after 48 hours.

FOLLOW-UP CARE:

- If any bleeding occurs, hold with firm pressure for 10 minutes.
- If bleeding continues beyond 10 minutes despite firm pressure, then go to your nearest emergency department.
- If the dressing is full of blood within 30 seconds, go to your nearest emergency department or call an ambulance. Continue to hold pressure.

ADDITIONAL INFORMATION:

- If you develop a fever within 7 days or the site begins to bleed again, contact your dialysis unit or report to the nearest emergency room.
- If you have any questions or concerns, call the Vascular Access Program.

