

Medication Reconciliation

Keeping you and your family safe

The “Best Possible Medication History”

Every time you visit a hospital, clinic, or healthcare provider you will be asked about the medications you (or your family member) are taking.

Keeping you safe

An accurate medication list is created by speaking with you and your caregivers and reviewing other available sources of information.

Having the right medication list helps your healthcare team make better decisions about your care.

It also ensures everyone caring for you knows what medications you take and how you take them.

Things you can do to help:

- Bring a list of all prescription, over-the-counter medications, vitamins and natural products with you.
- Expect to be asked about traditional medicines, cannabis and other drugs you may use.
- Explain how you currently take your medications even if it isn't how the doctor or nurse practitioner prescribed them.
- Be prepared to answer questions about allergies, side effects and past medications you have used.
- Bring someone with you to help answer questions.
- Bring contact information for the pharmacy where you fill your prescription medications.



**Saskatchewan
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