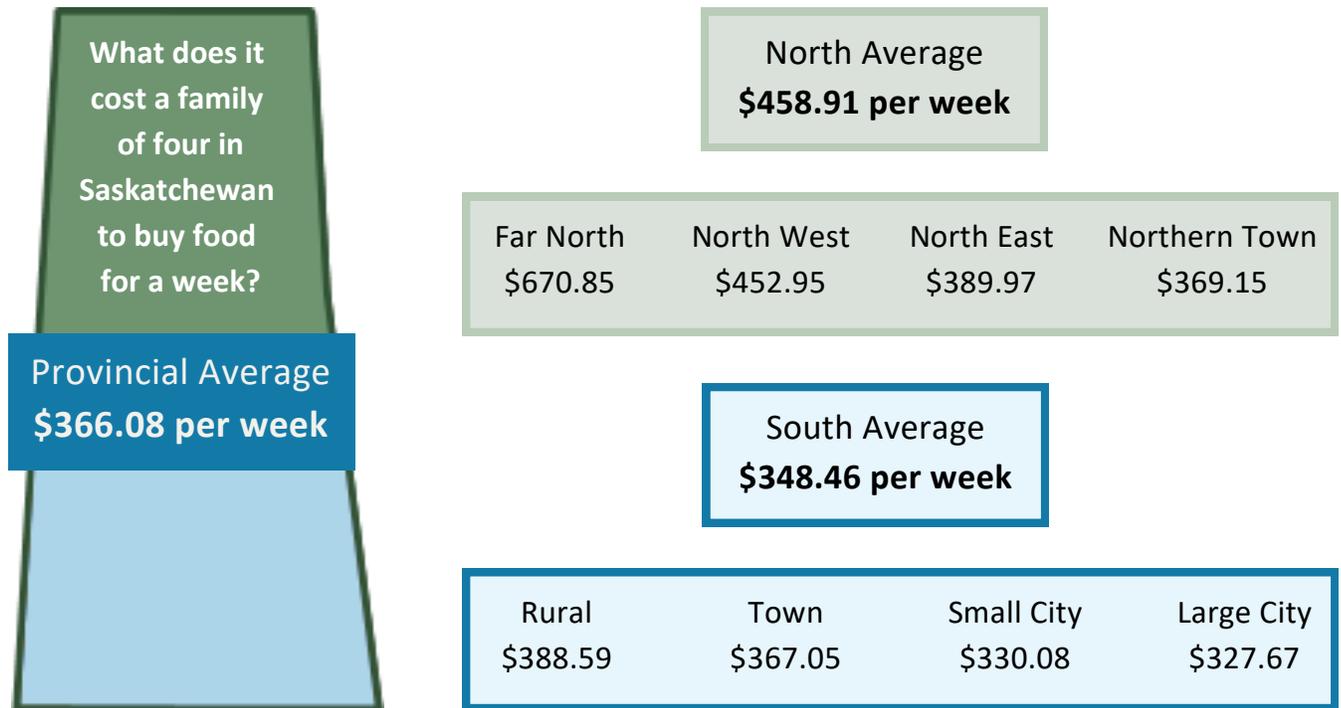


The Cost of Food in Saskatchewan 2025

Everyone deserves the right to adequate, nutritious, safe, affordable and culturally appropriate food.



The affordability and availability of food influences the health of populations.

Decision makers can use this information to:

- Allocate funds for nutrition programs, food grants and food allowances
- Inform decisions regarding health, nutrition and social policy development and implementation
- Support further assessment and monitoring of regional barriers and cost differences affecting nutritious food access
- Promote access to nutritious, safe, and personally acceptable foods

Read *The Cost of Food in Saskatchewan 2025* report for more information.

\$1,034.40

The added food cost to breastfeed for a year



\$2,327.11 to \$4,936.26

The cost of infant formula per year