

Common Questions

- **Why is this visit important?** This is an urgent, specialist visit to help us determine if your chest pain is related to your heart health. Missing this appointment could cause delays in diagnosis and care.
- **What if I can't come to my scheduled appointment?** Please make every effort to attend your appointment.

We cannot reschedule these appointments. They are made because you need testing right away.

Preparing for your Appointment

- Do not eat, drink caffeine, or smoke for 2 hours before your visit. If your appointment is in the morning, you may have a light breakfast 2 hours prior to scheduled time.
- Bring all your medications in their original containers, or an up-to-date list with details including names, dose and times taken.
- Wear or bring comfortable clothing and walking shoes.
- Be in Admitting/Registration **30 minutes before coming to the clinic.**



What to expect

- Your visit may last 1 to 2 hours depending on testing needed.
- A heart specialist (cardiologist) will review your Emergency Room visit notes and your heart health.
- You may have a treadmill walk/jog test, please come prepared.

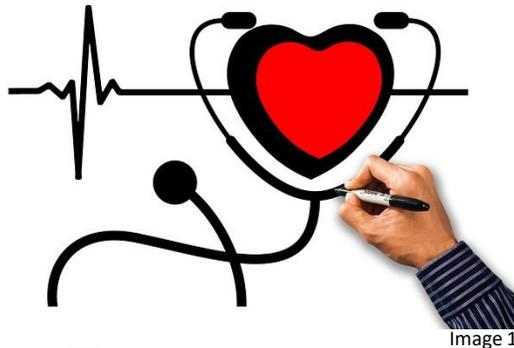


Image 1



**Saskatchewan Health Authority
is a Scent Free Zone**

Please **do not** wear any kind of fragrance or perfume. This includes hair products or after shave products that are scented.



[saskhealthauthority.ca](https://www.saskhealthauthority.ca)

Healthy People, Healthy Saskatchewan



Chest Pain Clinic

Appointment Information

**has a Chest Pain Clinic
appointment on:**

Date: _____

Time: _____ a.m. / p.m..

Location: (please select)

- Regina General Hospital,
Cardio-Neuro Diagnostics
or
- Pasqua Hospital,
Cardio-Neuro Diagnostics



Area: Regina
March 2026

What is the Chest Pain Clinic?

The **Chest Pain Clinic** is a special follow-up clinic for patients who recently came to the Emergency Department with **chest discomfort or symptoms that may be heart-related**, but were *not* having a heart attack at that time.

You'll meet with a **cardiologist and cardiology technologists** who specialize in heart testing. The goal of this visit is to:

- **Assess your heart health** after your Emergency room (ER) visit.
- **Do more heart testing** like an ECG, blood pressure monitoring, or treadmill stress test, if needed.
- **Check if your chest pain is because of your heart** or some other cause.
- **Plan next steps for your care**, including medications, further testing, or reassurance.
- This visit helps ensure that **nothing serious is missed** and that you get timely, personalized care for your symptoms.

Regina General Hospital

1440 - 14th Avenue
Regina, SK, S4P 0W5

Cardio-Neuro Diagnostics: 306-766-3714

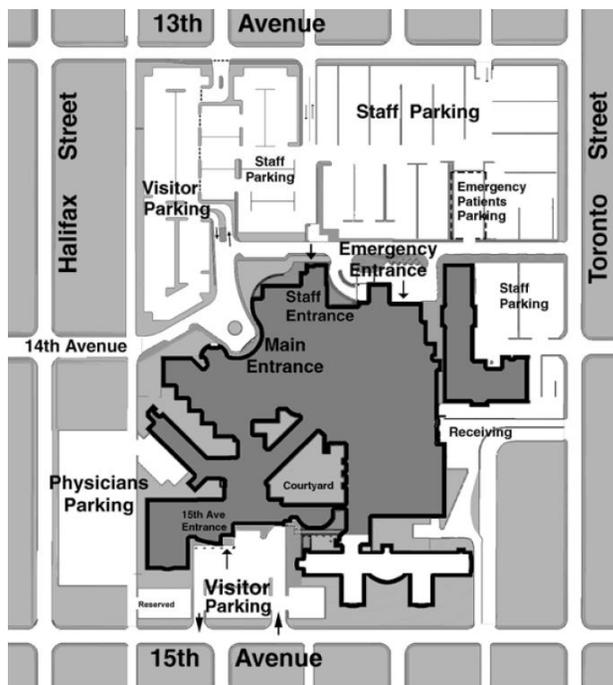


Image 2

After checking-in at Admitting, take elevators 5 and 6 to the **3rd floor**.
Go to Cardio-Neuro Diagnostics.
Tell the staff you are here for the chest pain clinic.

Pasqua Hospital

4101 Dewdney Avenue
Regina, SK, S4T 1A5

Cardio-Neuro Diagnostics: 306-766-2239

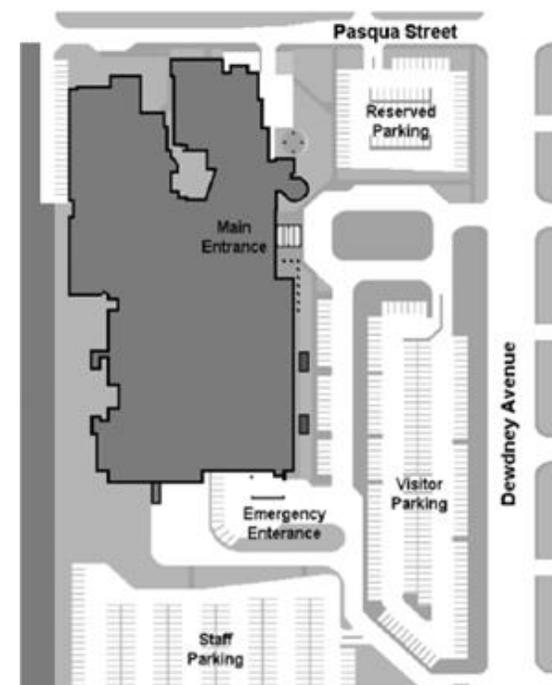


Image 3

After checking-in at Admitting, take the elevators to the **2nd Floor**.
Go to Cardio-Neuro Diagnostics.
Tell the staff you are here for the chest pain clinic.

Image citations:

Image 1: Geralt. Heart Health Pulse. Pixabay; 2024. Available from: <https://pixabay.com/photos/heart-health-pulse-medical-care-8255850/>
Image 2: Regina General Hospital Parking Map. SHA. 2024.
Image 3: Regina Pasqua Hospital Parking Map. SHA. 2024.