

# OPIOID STEWARDSHIP PROGRAM

## WHAT IS STEWARDSHIP

The backbone of any stewardship program follows the same principles: safe prescribing so that the right patient receives the right drug at the right dose for the right indication for the right length of time.

Opioid stewardship is a coordinated effort to promote:

- Appropriate use of opioids and opioid agonist therapy
- Improved patient outcomes
- Reduced opioid-associated harms such as overdose and opioid use disorder

## WHO ARE WE

Our provincial interdisciplinary team is made up of clinicians, collaborates with health care providers, students, and residents from various health profession backgrounds.

## WHAT SERVICES DO WE PROVIDE

We support clinicians and patients with evidence-informed education and resources on appropriate prescribing of non-pharmacological and pharmacological therapies to optimize and reduce the use of opioids.

**Examples of services we provide:**

- Order-set review and optimization
- Collection and analysis of opioid utilization data in Saskatchewan hospitals
- Perform patient opioid related risk assessment (MORE Tool – see reverse)
- Provide assessments and recommendations for opioid optimization in person and by phone

## ADDITIONAL STEWARDSHIP ACTIVITIES

Education is a vital part of opioid stewardship. **We provide formal and informal educational sessions to all health care providers and the public upon request.**

Topics can include pain, opioids, opioid use disorder, and more. If you need a presenter for your Grand Rounds or Nursing Education Days—connect with our team!

Our team conducts ongoing quality improvement and research projects. We recognize the importance of collaboration with others, therefore **we continuously seek connections with other researchers, clinicians, and students for projects.**

**Lastly, we just initiated a Canadian Opioid Stewardship Community of Practice—interested in this practice area? Connect with us and we'll add you to the group!**

## HOW TO CONNECT WITH US

**Telephone:** 306-766-3522

**Email:** [opioid.stewardship@saskhealthauthority.ca](mailto:opioid.stewardship@saskhealthauthority.ca)

**Website:** [SHA Opioid Stewardship Program](#)

