

### **What is Intermediate Care Services (ICS)?**

Intermediate Care Services is a team that helps people in the community who have complex health and social needs, and who need more support than regular community services can provide.

### **Why would someone need Intermediate Care Services?**

- To **help people leave the hospital sooner** by providing extra support from a care team that may include doctors and nurse practitioners.
- To **help prevent trips to the emergency room** or hospital by finding health needs early and providing support at home, when available.
- To **help adults live more safely at home**, either on their own or with support from family and health care providers.

### **Who is on the Intermediate Care Services Team?**

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| ⇒ Physicians   | ⇒ Paramedics   |
| ⇒ Nurse Practitioners  | ⇒ Community Mental Health Nurses   |
| ⇒ Clinical Coordinators  | ⇒ Medical Office Assistants  |
| ⇒ Registered Nurses  | ⇒ Community Services—Speech Language Pathologists,<br>Occupational Therapy, Physical Therapy, Dietitians,<br>Recreation Therapists |
| ⇒ Pharmacists  | ⇒ Other additional services as needed (Senior’s Mental<br>Health, Geriatric Psychiatrist and more)                                 |
| ⇒ Social Workers   |  |
| ⇒ Continuing Care Aides  |  |
| ⇒ Client Patient Access Services<br>Assessor Coordinators (CPAS) |  |

### **Who can become an Intermediate Care Services Client?**

- People with complex health needs that change often
- People who need short-term, extra support to help their health become more stable
- People who need help with both health and social needs
- People who are learning how to manage their care on their own
- People who live in Saskatoon and need care there
- Some people may need support for a longer time if their health needs are more complex

### **How do people access Intermediate Care Services?**

Referrals to the program are made through CPAS. Referrals can also be initiated by your family doctor, specialists, hospital or emergency department, Home Care, or by self referral.

**Saskatoon ICS:  
306-844-4310**

Monday to Friday: 7:30am-4:00pm

