

Our Guiding Principles

Traditional First Nations and Métis approaches to wellness, including the use of traditional healers, medicine people, and Elders are recognized, respected, and promoted within the Saskatchewan Health Authority.

Addressing the issues facing First Nations and Métis communities requires a respectful and cooperative partnership between the community, its leadership and those trusted to provide health care.

As First Nations and Métis people, we have the right to control our health in regards to matters that are important to our communities, cultures, identities, traditions, and languages.

To be an effective steward, we must be accountable for the resources and care of those we are entrusted to serve, and have the courage to do what is right.



Where You Can Access Our Services

Regina General Hospital
1400 14th Avenue, Regina, SK.
Phone: (306) 766-4155
Monday to Friday 8:00am–4:30pm

Pasqua Hospital
4101 Dewdney Avenue, Regina, SK.
(306) 766-2232
Monday to Friday 8:00am–4:30pm

Broadview Hospital
901 Nina Street, Broadview, SK.
(306)-696-5507 or (639) 205-7122

St. Paul's Hospital
1702 20th Street West, Saskatoon, SK.
(306) 655-0518
Monday to Friday 8:00am–4:30pm

Royal University Hospital
103 Hospital Drive, Saskatoon, SK.
5th floor next to the elevators
(306) 655-0166
Monday to Friday 8:00am–4:30 pm

Jim Pattison Children's Hospital
103 Hospital Drive, Saskatoon, SK.
(306) 655-0166
Monday to Friday 8:00am–4:30pm

Victoria Hospital
1200 24th Street W, Prince Albert, SK.
(306) 765-6360 or (306) 940-9002
Monday to Friday 8:00 a.m.-4:00pm



saskhealthauthority.ca

First Nations & Métis Health



Building a Culturally Responsive Health Care System for First Nations and Métis People



Saskatchewan Health Authority

Who We Are:

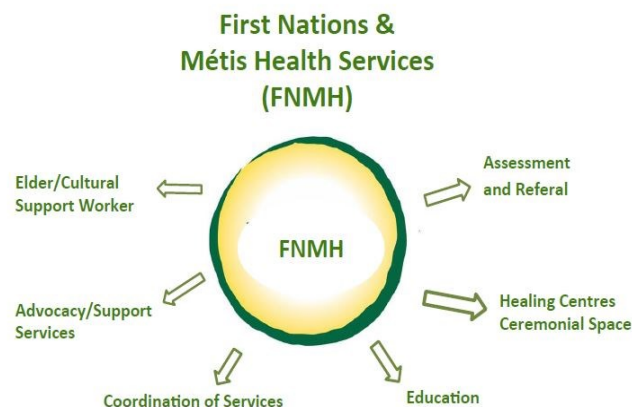
We are dedicated to supporting patients and their families, informing the healthcare system, and educating staff and physicians on cultural responsiveness.

Our efforts also focus on recruiting and retaining a diverse and representative workforce.

Through comprehensive research and active community engagement, we strive to improve the Saskatchewan Health Authority's services, ensuring equitable health outcomes for First Nations and Métis people.

Our Mission

The SHA collaborates with First Nations and Métis people of Saskatchewan to achieve health and well-being, physically, emotionally, mentally, and spiritually. In the spirit of reconciliation, the SHA is committed to fostering meaningful relationships to support the journey towards good health for all people within the SHA.



What We Do:

Cultural Support Workers

- Cultural Support Workers provide personalized traditional caring practices as they assess to be appropriate for patients and their families.

Coordination of Services

- Transportation Coordination
- Non-Insured Health Benefits (NIHB)
- Jordan's Principle
- National Native Alcohol and Drug Abuse Program (NNADAP)
- Indigenous Child and Family Services (ICFS)
- Housing Security Support
- Etc.

Culturally Responsive Education & Advisory Support

- Mandatory culturally responsive online training for all new hires
- Anti-racism, bias, and micro-aggressions online training
- Identifying and addressing potential barriers to a representative workforce and developing options to include relevant competencies

Community Engagement

- Amplifying the voices of First Nations and Métis patients and families across all care settings
- Supporting and facilitating requests from communities

What We Do:

Health Educators

- Patient advocacy to ensure patient preferences are integrated into their treatment plans
- Facilitation of referrals to Cultural Support Workers
- Support Advanced Care Planning
- Connect with community-based supports and resources
- Assisting with status registration
- Participate in discharge planning as part of the SHA care team

Healing Centres

- Anyone wishing to include traditional or spiritual care into their health plans can contact a Health Educator at the nearest available location.

Recruitment and Retention

- Promoting the recruitment of First Nations and Métis employees to ensure our workforce is representative of the people we serve
- Recognizing and valuing the knowledge, experience and training of First Nations and Métis candidates.

Our Vision

Optimal health and well-being for First Nations and Métis patients, families, communities, and nations.