

HOW TO USE THE LA RONGE FOOD ASSET MAP

INSTRUCTIONS FOR USE ON A COMPUTER

Step 1: Open the Map - Enter the following link "<https://tinyurl.com/LaRongeFoodAssetMap>" in your web browser (e.g. Google Chrome, Explorer).

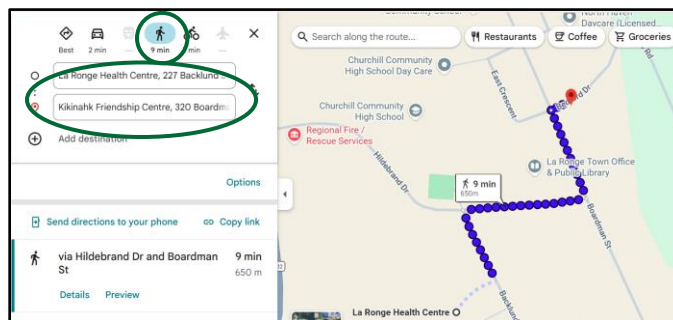
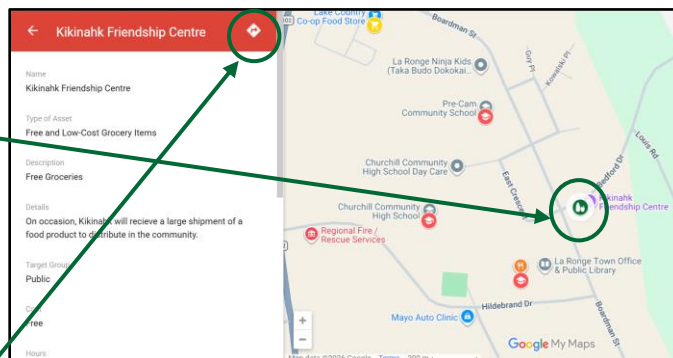
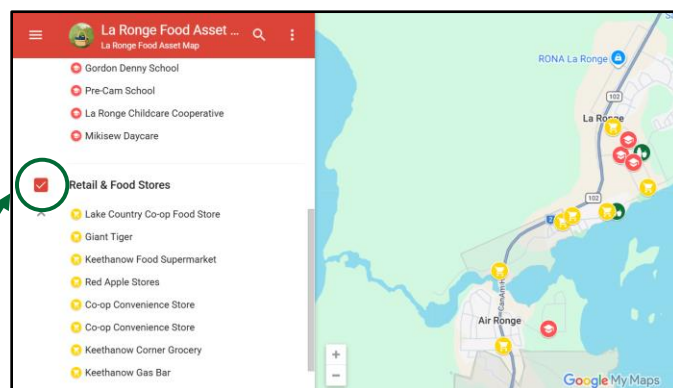
Step 2: View Food Asset Types - A Google Map will pop up. Click on the boxes beside the food assets you want to see so they have a check mark (e.g. free and low-cost groceries, retail stores and markets).

Step 3: View Organization and Food Asset Details Click on the organization/program name OR icons on the map to find out details about the organizations and food assets (e.g. address, what is offered, cost, contact information, etc.). Detailed information will pop up on the left-hand side of the map.

Step 4: To change your search deselect the checkboxes on the left-hand side of the map and select a new category (e.g. community gardens and edible landscapes).

Step 5: To get directions to an organization/food asset from where you are, click on the arrow button to the right of the organization name and enter your location in the top bar. You can view options for walking, biking, or by car.

Note: These are the instructions for using the map on a computer. Steps will be slightly different for using the map on a cell phone-see other side of page for details.



For more information email: PublicHealthNutrition@saskhealthauthority.ca
Webpage with all Saskatchewan Food Asset Maps and supporting resources: tinyurl.com/FoodMapsSK

HOW TO USE THE LA RONGE FOOD ASSET MAP

INSTRUCTIONS FOR USE ON A SMART PHONE

Step 1: Open the Map - Open your cell phone camera and point it at the QR code to scan it and click on the link. Or you can type tinyurl.com/LaRongeFoodAssetMap in your web browser (e.g. Chrome Safari).

Step 2: View Food Asset Types - A Google Map will pop up. Click on the “View map legend” or “La Ronge Food Asset Map” titles at the bottom on the screen. If things don’t look quite right, try scanning QR code again OR enter the link address into web browser.

Step 3: Check the Boxes You Want to See - Click on the circles/boxes beside the food assets you want to see on the map. If you want to find school nutrition programs, make sure the circle or box beside “School Food Programs” is *checked*.

Step 4: View the Map with Selected Choices - Click on the arrow at the top left of the screen to see the map with your selected choices.

Step 5: View Organization and Food Asset Details - Click on an icon on the map OR the organization name to find out more details about the food asset (e.g. address, what is offered, cost, contact info, etc.). Detailed information will show up by clicking on the organization name on the bottom of the screen.

If the organization/program *details* are not showing up, click on the left facing arrow in the top search bar and try again.

Step 6: Change What You See - To change what food assets you see on the map, click on the “View Map Legend” or “La Ronge Food Asset Map” at the bottom of the screen.

Step 7: To Get Directions to the location of any organization/food asset, click on the icon you want on the map, then click on the “Directions” button and enter your location in the top bar and click “start.” You can view options for walking, biking, or by car.

Note: These are the instructions for using the map on a cell phone. Steps will be slightly different for using the map on a computer-see other side of page for details.

