

Personal Property

We suggest you send valuables home or ask about secure storage through Finance.

We try to keep your belongings safe.

Unit 3F and the Saskatchewan Health Authority are not responsible for lost, missing, or damaged personal items, including but not limited to glasses, hearing aids, dentures, money, or electronic devices.

Perfumes and Fragrances

To support the health and comfort of all patients, staff, and visitors, Unit 3F and the Saskatchewan Health Authority are **scent-free**.

Please do not use scented products. This helps protect the health and comfort of patients, staff, and visitors.

Thank you for your help.

Television Service and Wi-Fi Internet

TV service is provided by an outside company. There is a fee to use this service. For more information, visit:
www.ConnectMyBed.ca.

Wi-Fi is available in the hospital. The network is **RQHR Guest**.

Please note: this Wi-Fi is not secure.

Questions & Concerns, Feedback & Compliments

We welcome your questions, concerns, and compliments.

Please feel comfortable speaking with your nurse or the unit manager at any time.



CS-PIER-0370

Unit 3F Cardiosciences

Regina General Hospital
1440 14th Avenue
Regina, SK S4P 0W5
Telephone: 306-766-3800

The Unit Manager can be reached at:
306-766-3803



saskhealthauthority.ca

Healthy People, Healthy Saskatchewan

Unit 3F Cardiosciences

Regina General Hospital

3F's Mission:

We work together as a multidisciplinary team, using evidence-based treatment methods to support and improve the health outcomes for our patients and their families.



CS-PIER-0370

Area: Regina
AUGUST 2026

Unit 3F

Unit 3F cares for patients with heart, chest, and blood vessel conditions, including surgery and medical care.

Your care team includes many people who work together to support you:

- Nurses
- Doctors
- Care Aides
- Dieticians
- Pharmacists
- Physical Therapists
- Occupational Therapists
- Speech Language Pathologists
- First Nation and Métis Health Support
- Spiritual Care Workers
- Social Workers
- Unit support workers
- Housekeepers
- Unit Clerks
- Healthcare Students

Your Health Information

Your health information is **private**. We cannot give updates to people who call to ask about you.

If you want us to share information with family or friends, please **choose one person** to receive updates.

Tell your nurse who this person is. We will ask others to contact that person for updates.

Family Presence and Visitors

There are no set visiting hours for your main support person. They are an important part of your care team.

Your support person can be family, close friends, or someone important to you, such as an Elder or cultural support.

Support people help with your well-being. They must not disturb the care, rest, or recovery of yourself or others.

Other visitors are welcome and encouraged, but they are not part of the care team and may have more limited access.

Anyone disturbing your care or the care of others will be asked to leave.

Nursing Handover

The nurses change shifts at 7:30 a.m. and 7:30 p.m. This is called “Nursing Handover”. This handover can take up to 20 minutes.

During handover, nurses share important information to keep care safe and well organized.

Please do not interrupt nursing handover unless needed. Thank you for understanding.

Doctors Visits

Doctors do not visit at the same time each day. Their visit times may change.

If you have questions or concerns, talk to your nurse. Your nurse can help connect you with your care team.

Food Services

Approximate mealtimes on Unit 3F are:

Breakfast 8:15 a.m.

Lunch 12:15 p.m.

Supper 5:00 p.m.

You may have food or drink limits based on your care or tests. Check with your nurse before bringing in food or drinks.

A unit fridge is available for patient use. Please label all food with your name, room number, and the date.

Food is not provided for family or visitors. A cafeteria is on Level 0, and Robin’s Donuts is on Level 1.

Procedures and Tests

This is a busy hospital. Tests and procedures may not happen at a set time.

There can be delays, cancellations, or short notice changes.

Thank you for your patience and understanding.

Private Rooms

Private rooms are given based on patient care needs.

You may need to move rooms during your stay to support care for all patients.

We will let you know if a room change is needed and will help you move to the new area.