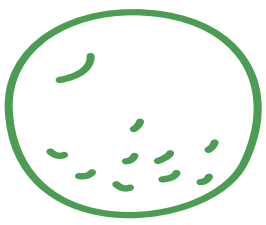
MINCED MENU FOR PATIENTS

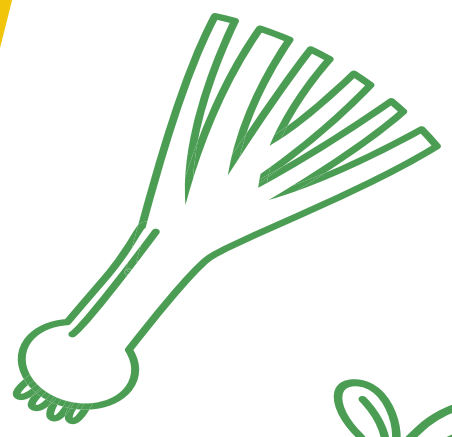








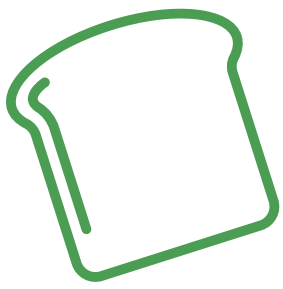






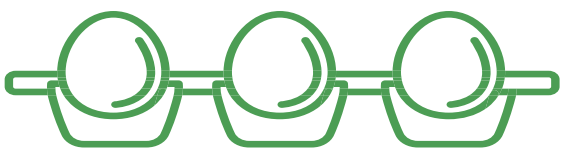
HOW TO ORDER

1. Decide when and what you would like to eat. All items on the menu are available to order from 6:30 AM to 6:00 PM



2. **Call 306-655-2328 (2EAT) to order by phone or sign up for online ordering.**

   You will need to provide the patient's name and room number.



3. See you in less than 60 minutes!

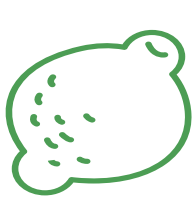
Some menu items may not be available due to food allergies, dietary restrictions or age group. Menu substitutions may occur.

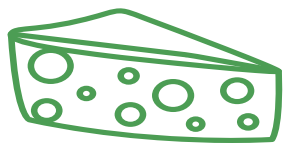
Nutrition & Food Services prepares food using recipes developed by our team with special effort to source items locally where possible.

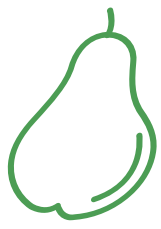
Nutrition & Food Services is working on going greener. Thank you for helping make sure reusable dishware is left on the meal tray so it can be returned to the kitchen.

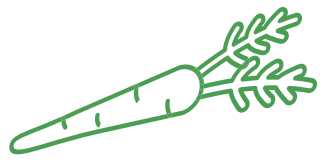
Ready Set Eat menu items are for patients. For information on purchasing food for family/guests, or to learn more about Nutrition & Food Services, visit:

https://momsandkidssask.saskhealthauthority.ca/jim-pattison-childrens-hospital/inside-our-hospital/nutrition-food-services









306-655-2328 (2EAT) for READY-SET-EAT

Proudly Supported By

JIM PATTISON CHILDREN'S HOSPITAL FOUNDATION

MINCED MENU

Items available for patients to order from 6:30 AM - 6:00 PM

Family and guests are welcome to bring their own food or purchase from one of the retail locations in the hospital.

ENTRÉES

MINCED

Egg Salad Filling (Plain) VGF
Roast Turkey
Roast Pork
Vegetable Korma VVGF
Lentil Curry VVGF

PUREED

Roast Turkey * GF *option*
Roast Beef * GF *option*
Louisiana Bean Stew VVGF
Lentil Curry VVGF

BUILD YOUR OWN PASTA

STEP 1: CHOOSE YOUR NOODLE BASE VV

- Macaroni
- Rice Noodles (Chopped) GF

STEP 2: CHOOSE YOUR SAUCE V *Option: request on the side*

- Marinara VGF
- Rose
- Alfredo
- Creamy Dill
- Butter GF

STEP 3: CHOOSE YOUR ADD-ON VGF

- Shredded Mozza

EXTRAS

Shredded Mozza VGF
Cream Cheese VGF
Sour Cream VGF
Hummus VVGF
Ranch Dip VGF
Balsamic Dressing VVGF
Ketchup VVGF
Mustard VVGF
Miracle Whip VGF
Margarine VVGF
Butter VGF
BBQ Sauce VVGF
Sweet & Sour Sauce VVGF
Soy Sauce VVGF
Hot Sauce VVGF
Peanut Butter VVGF
Strawberry Jam VVGF
Grape Jelly VVGF
Honey VGF
Sugar VVGF
Brown Sugar VVGF
Sugar Substitute VVGF
Creamer VGF
Masala Spice VVGF
Pepper Packet VVGF
Salt Packet VVGF

WARM

Marinara VVGF
Alfredo V
Gravy VVGF
Creamy Dill Sauce V

CEREAL

HOT CEREAL VVGF

Please request milk from beverage list

Oatmeal

SIDES

SOUPS

Chicken Broth GF
Vegetable Broth VVGF
Bison Bone Broth GF
Cream of Tomato V

PROTEINS VGF

Egg Patty
Plant-Based "Egg" Patty V

HOT STARCHES VVGF

Mashed Potatoes
Rice Noodles (Chopped)

MINCED HOT VEGETABLES VVGF

Peas
Carrots
Italian Mixed Vegetables

PUREED HOT VEGETABLES VVGF

Peas
Carrots

SWEETS

Pudding VGF
Vanilla / Chocolate / Butterscotch
Yogurt (Assorted) VGF
Greek Yogurt VGF
Vanilla / Strawberry
Plant-Based Yogurt VVGF
Smooth Cottage Cheese VGF
Vanilla / Lemon
Applesauce VVGF
Apple / Peach / Blueberry
Jello GF

FROZEN VGF

Ice Cream
Vanilla / Chocolate
Orange Sorbet V
Popsicle V

BEVERAGES

THIN FLUIDS

MILK VGF

2%
Whole (3.25%)
Lactose Free (2%)
Chocolate (1%)
Soy V

JUICE VVGF

Apple
Orange
Grape
Prune

HOT V

Add cream/sugar/honey from "Extras"

Hot Chocolate
Coffee VGF
Orange Pekoe Tea VGF
Green Tea VGF
Chai Tea VGF
Mint Tea VGF
(Caffeine-free)
Chamomile Tea VGF
(Caffeine-free)

THICK FLUIDS

Thickened Water VVGF
Thickened Milk VGF

THICKENED JUICE VVGF

Apple
Cranberry
Orange

SMOOTHIE | Limit 1 per meal

Berry Banana VGF *Option: with soy milk* V
Mango Lassi VGF

Questions? Call 306-655-2328

Variations may occur due to food temperature changes or other subtle changes during food preparation. It is recommended that patients, families and caregivers ensure foods meet the texture requirements provided by your clinical team in order to avoid any difficulty with swallowing.

= ALL DAY BREAKFAST V = VEGETARIAN VV = VEGAN GF = GLUTEN-FREE = CONTAINS PORK

The hospital is not a certified halal facility.

202601