PUREED MENU FOR PATIENTS

READY SET EAT

HOW TO ORDER

1 Decide when and what you would like to eat. All items on the menu are available to order from 6:30 AM to 6:00 PM

2 **Call 306-655-2328 (2EAT) to order by phone or sign up for online ordering.**

You will need to provide the patient's name and room number.

3 **See you in less than 60 minutes!**

Some menu items may not be available due to food allergies, dietary restrictions or age group. Menu substitutions may occur.

Nutrition & Food Services prepares food using recipes developed by our team with special effort to source items locally where possible.

Nutrition & Food Services is working on going greener. Thank you for helping make sure reusable dishware is left on the meal tray so it can be returned to the kitchen.

Ready Set Eat menu items are for patients. For information on purchasing food for family/guests, or to learn more about Nutrition & Food Services, visit:

https://momsandkidssask.saskhealthauthority.ca/jim-pattison-childrens-hospital/inside-our-hospital/nutrition-food-services

306-655-2328 (2EAT) for READY-SET-EAT

Proudly Supported By

JIM PATTISON CHILDREN'S HOSPITAL FOUNDATION

PUREED MENU

Items available for patients to order from 6:30 AM - 6:00 PM

Family and guests are welcome to bring their own food or purchase from one of the retail locations in the hospital.

ENTRÉES

PUREED

Roast Turkey *GF *option*
Roast Beef *GF *option*
Louisiana Bean Stew VGF
Lentil Curry VGF

EXTRAS

Sour Cream GF
Hummus VGF
Ranch Dip GF
Balsamic Dressing VGF
Ketchup VGF
Mustard VGF
Miracle Whip GF
Margarine VGF
Butter GF
BBQ Sauce VGF
Sweet & Sour Sauce VGF
Soy Sauce VGF
Hot Sauce VGF
Honey GF

Sugar VGF
Brown Sugar VGF
Sugar Substitute VGF
Creamer GF
Masala Spice VGF
Pepper Packet VGF
Salt Packet VGF

WARM

Marinara VGF
Alfredo V
Gravy VGF
Creamy Dill Sauce V

CEREAL

HOT CEREAL

Please request milk from beverage list
Cream of Wheat VG

SWEETS

Pudding GF
Vanilla / Chocolate / Butterscotch
Yogurt (Assorted) GF
Vanilla Greek Yogurt GF
Plant-Based Yogurt VGF

Smooth Cottage Cheese GF
Vanilla / Lemon
Applesauce VGF
Apple / Peach / Blueberry
Jello GF

FROZEN GF

Ice Cream
Vanilla / Chocolate
Orange Sorbet V
Popsicle V

SIDES

SOUPS

Chicken Broth GF
Bison Bone Broth GF
Vegetable Broth VGF
Cream of Tomato V

HOT STARCHES VGF

Mashed Potatoes

PUREED HOT VEGETABLES VGF

Peas
Carrots

BEVERAGES

THIN FLUIDS

MILK GF

2%
Whole (3.25%)
Lactose Free (2%)
Chocolate (1%)
Soy V
Almond V

JUICE VGF

Apple
Orange
Grape
Prune

HOT V

Add cream/sugar/honey from "Extras"

Hot Chocolate
Coffee VGF
Orange Pekoe Tea VGF
Green Tea VGF
Chai Tea VGF
Mint Tea VGF
(Caffeine-free)
Chamomile Tea VGF
(Caffeine-free)

THICK FLUIDS

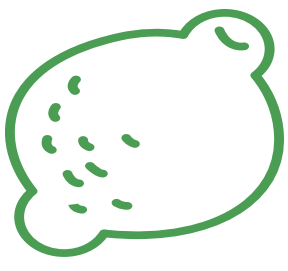
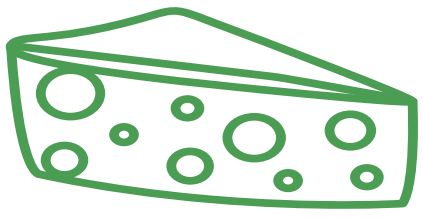
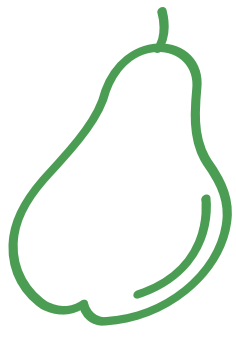
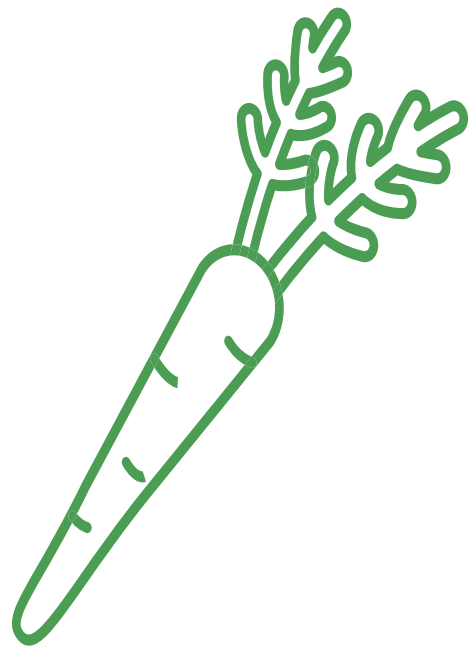
Thickened Water VGF
Thickened Milk GF

THICKENED JUICE VGF

Apple
Cranberry
Orange

SMOOTHIE | Limit 1 per meal

Mango Lassi VGF

Questions? Call 306-655-2328

Variations may occur due to food temperature changes or other subtle changes during food preparation. It is recommended that patients, families and caregivers ensure foods meet the texture requirements provided by your clinical team in order to avoid any difficulty with swallowing.

= ALL DAY BREAKFAST = VEGETARIAN = VEGAN GF = GLUTEN-FREE = CONTAINS PORK
The hospital is not a certified halal facility.

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