Saskatchewan Health Authority

Medical Assistance In Dying

Step by Step Guide

Call toll-free: 1-833-473-6243 **Fax: 1-833-837-9006**
Email: provincialMAIDProgram@saskhealthauthority.ca
Monday to Friday, 8:00 a.m. to 4:30 p.m. (closed on statutory holidays)

This guide explains what happens after you contact the MAID Program.

1 Contact the program

- Call or email the MAID Program.
- Give your name and phone number.
- The MAID Program calls you and reviews your health information.

2 Learn about MAID and complete the intake form

- A short video about the process and what to expect is sent to you.
- You or a MAID Program nurse complete the intake form.
- Return the completed form to the MAID Program.

3 Make a written request

- You will receive a form that confirms you want a MAID assessment.
- Sign and date the form in front of a witness.
- Return the signed form to the MAID program.

4 Meet with two assessors

- When you are ready, the MAID Program arranges 2 assessments with a nurse practitioner or doctor.
- The visits may be in person or virtually (by computer or smart phone). They may happen at the same time.
- The assessors may call from a blocked or unknown number. Please answer calls during your assessment period.

Assessor 1: _____ **Date:** _____

Assessor 2: _____ **Date:** _____

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5 Learn if you are eligible

- After all required forms (Intake, Written Request, both assessors) are received, the MAID program contacts you.
- They tell you if you are eligible and answer your questions.
- **Once eligible, continue to step 6.**

6 Plan the provision (the day of your death)

- If you are eligible and ready, call or email the program.
- Tell the MAID Program your preferred date, time, and place for the provision.
- Your choices are considered. The final time depends on MAID Program and practitioner availability.
- Provision is usually during office hours. Please give at least 2 business days notice.
- The MAID Program calls you to finalize plans and gather any necessary information.

7 On the planned day

- The MAID Program staff confirm the details with you and your family.

You are always in control

You can change your mind or change the planned date or time at any point, including just before the medications are started.

Support for family and loved ones

MAID Program social workers can support family and loved ones before and after a MAID provision. People who attend will receive information. People who do not attend can call or email the program for support.

Questions? Call 1-833-473-6243 or email provincialMAIDProgram@saskhealthauthority.ca